

WELCOME!

Our Lady of the Mountains and All Saints Catholic School



1425 Yaqui Street Sierra Vista, AZ 85650
(520) 378-2720 Fax: (520) 378-6825
Email: office@olmaz.org www.olmaz.org
School: (520) 378-7012 www.ascsaz.org
We Are on Facebook!

Office Hours

8:30am~5:00pm Mon~Fri

Staff

<u>Pastor</u>	Fr. Michael Bucciarelli
<u>In Residence</u>	Fr. Amal Sebastiar
<u>Business Manager</u>	Teresa Mullen
<u>Parish Secretary</u>	Donna Parsons
<u>Compliance/Acct. Asst.</u>	Christine Unrein
<u>Religious Ed</u>	Kathleen Shilson
<u>Maintenance</u>	Shawn Crippen
<u>School Principal</u>	Carmen Rosado
<u>School Secretary</u>	Melissa Borges

Deacons

Jim Hill (Ret.), Jose Huerta-Nunez,
Reynaldo Romo, Robert Sadorf (Ret.)
Jim Schaff (Ret.), Gene Tackett

Pastoral Council

President	Keith Mullen
Vice President	Troy Lopes
Secretary	Mo Pryor

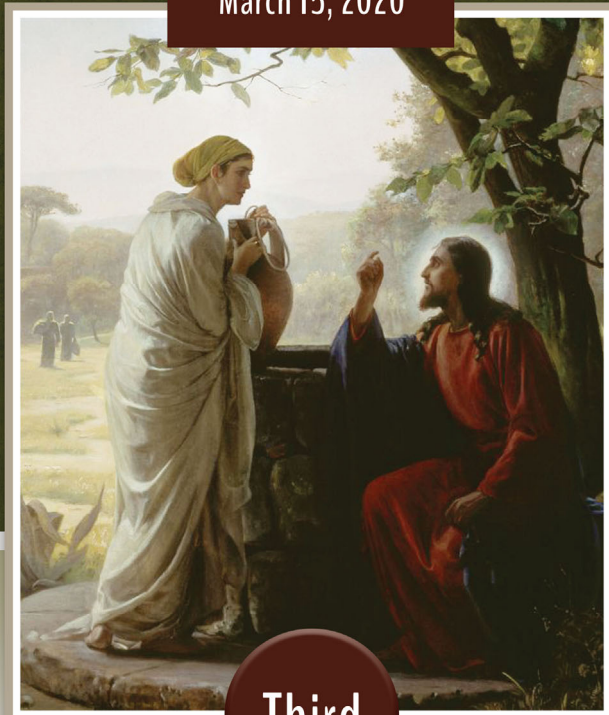
Finance Council

Chairman	Andrew Kjolsrud
Co-Chairman	George Adames
Secretary	Vacant
Members	Patrick Ledger, Fernando Valenzuela, Richard Laszok & Doug Shough
Business Manager	Teresa Mullen
ASCS Principal	Carmen Rosado

Board of Directors

President	Fr. Mike
Vice President	Msgr. McCarthy
Secretary	Mo Pryor
Treasurer	George Adames

March 15, 2020



Third

Sunday of Lent

A woman of Samaria came to draw water.
Jesus said to her, "Give me a drink."

John 4:7

Mass Times

Monday, Tuesday, Thursday & Friday 8:00am
Wednesday 5:30pm
Saturday Vigil 5:00pm
Sunday 7:30am, 9:30am, 11:30am (Spanish) & 5:00pm
First Saturday Mass each month at 8:00am

Other Sacraments

Anointing of the Sick ~ After Mass on First Friday or by Appointment

Baptism ~ By appointment only. Registration & Baptism classes required. Please call Parish Office.

Marriage ~ Minimum 6 months advance notice. Please call Parish Office.

Confessions ~ Saturday 4p.m. or anytime by appointment.



March 14, 2020 ~ Saturday

5:00p.m. Int. for Angela Darwin
 ✠Cliff Bondarek, Barbara & Kelly O'Brien
 by RayAnn Bondarek
 ✠Msgr. Robert Calles by Dcn. Robert &
 Marilyn Sadorf & Bob & Caroline Bentley

March 15, 2020 ~ Sunday

7:30a.m. ✠Fr. Bob Bryerton by Barbara Adric
 Int. for Dave Waldmann by Cacilia Eckles
 9:30a.m. For the people of the Parish
 11:30a.m. ✠Teresa Aguirre by The Romo Family
 ✠John & Angela Chepinski by Arlene
 Chepinski
 5:00p.m. ✠Angela Repphun by Ann Lee
 ✠Lillian Hartnett by Mo Pryor

March 16, 2020 ~ Monday

8:00a.m. ✠Ramon Quiroga by Jerry & Georgia
 Lockwood

March 17, 2020 ~ Tuesday

8:00a.m. ✠John & Philbena Bickler Family by Gloria
 Bickler

March 18, 2020 ~ Wednesday

5:30p.m. For all souls in purgatory

March 19, 2020 ~ Thursday

8:00a.m. ✠Romulo Balbuena by Wanda Balbuena

March 20, 2020 ~ Friday

8:00a.m. ✠Hallie Goodwin by Jerry & Georgia
 Lockwood

March 21, 2020 ~ Saturday

5:00p.m. ✠Mary & Pat Schable by Ilse Schable

March 22, 2020 ~ Sunday

7:30a.m. ✠Thomas Canter by Jeanette Canter
 ✠Bob Bennin by Barbara Adric
 9:30a.m. ✠Dcn. Rodger Miller by K of C
 ✠Rich Dalton by Ralph & Donna Gosselin
 & Bob & Fran Bogus
 11:30a.m. For the people of the Parish
 5:00p.m. ✠Lillian Hartnett by Mo Pryor
 ✠Mariano Aponte by Richard & Debbie
 Laszok

Planning Calendar

March

March 16-20 ~ Spring Break
 March 18 ~ Health Screening in the Parish hall
 March 20 ~ Stations of the Cross at 6pm & Soup Night
 March 27 ~ Stations of the Cross at 6pm & Soup Night
 March 28 ~ Annual Variety Show at 6:15pm
 March 30- April 1 ~ Lenten Mission w/Fr. Amal at 9am

April

April 6 ~ No morning Mass; Chrism Mass at Cathedral at 2pm
 April 18 ~ Knights of Columbus Yard Sale



*Solemn Exposition of
 the Blessed Sacrament*

Adoration I wait for you An Invitation

24 hour Adoration is the Thursday before
 First Friday of each month. Come and
 spend an hour with our Lord.



The Statue of Our Lady of Fatima will
 be at the home of Yolanda Zeugner until
 March 22nd.

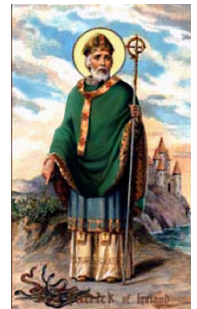
Weekly Calendar



Prayer Group	Monday	6:30p.m.
St. Vincent de Paul Mtg.	Tuesday	4:00p.m.
Praise & Worship Adoration	Tuesday	6:00p.m.
Hispanic Adoration	Tuesday	6:30p.m.
Health Screening	Wednesday	8:00a.m.
Bible Study w/Fr. Amal	Wednesday	3:30p.m.
Divine Mercy	Thursday	2:00p.m.
Finance Meeting	Thursday	5:00p.m.
1st Reconciliation Class	Thursday	6:00p.m.
Stations & Soup Night	Friday	6:00p.m.
Rita's Pantry	Saturday	8:00a.m.
Rosary	Saturday	4:15p.m.

Saints and Special Observances

Sunday: Third Sunday of Lent
 Tuesday: St. Patrick
 Wednesday: St. Cyril of Jerusalem
 Thursday: St. Joseph; Spring begins
 Friday: Abstinence



Holy Week & Easter Masses



April 6 ~ Chrism Mass at Cathedral at 2pm
 April 9 ~ Holy Thursday ~Mass of the Last
 Supper at 5:30pm Adoration following in the
 Hall until Midnight
 April 10 ~ Good Friday Outdoor Stations of
 the Cross at 3pm. Liturgies at 5:30pm
 April 11 ~ Holy Saturday Easter Vigil at 8pm
 April 12 ~ Easter Sunday Masses at 7:30am, 9:30am in
 Church & Hall, & 11:30am (Spanish). NO 5PM MASS



Schedule for Next Weekend

March 21/22

Altar Servers

Sat, 5:00p.m. Caelan & Christie Jensen, Sharon VanLoan

Sun, 7:30a.m. Doug & Lorene Shough, Bobby Widhalm

Sun, 9:30a.m. ASCS

Sun, 5:00p.m. Brigid, Michael & Sean Ledger

Lectors

Sat, 5:00p.m. (1) J. Niesel (2) B. Niesel

Sun, 7:30a.m. (1) S. Zimmerman (2) P. Angelo

Sun, 9:30a.m. (1) ASCS

Sun, 5:00p.m. (1) M. Pryor (2) P. Ray

Eucharistic Ministers

Sat, 5:00p.m. RayAnn Bondarek, Betsey Hartwigsen, George & Mitzi Kirmse

Sun, 7:30a.m. Ann Lee, Bryon & Denise Spartz, Carole VanVleet

Sun, 9:30a.m. Joel & Theresa Childs, David Gilcreest, Doris Sims

Sun, 5:00p.m. Chuck & Debby Everding, Margarita Fate, Mo Pryor

Ushers

Sat, 5:00p.m. Chet & Linda Sieruga

Sun, 7:30a.m. Nellie Lowery & Betty Blackmer

Sun, 9:30a.m. Ernie & Linda Reynolds

Sun, 5:00p.m. Alicia & Paul Robertson, Mo Pryor

Linens

Janis Gonzales

March Money Counters

Lois Barton
Bess Banister
Jim Pickron



MINISTRIES AND CONTACTS

Adoration, Liz Nelson	378-6836
Phyllis Ballard	378-3192
All Saints Catholic School	378-7012
Altar Servers, Barry & Tess Nelson	803-7089
Arts & Environment,	
Nicole Shelton	508-3705
AVE Neighbor, Jan Ross	378-1754
Baptism Class, Kathleen Shilson	378-2720
Dcn. Reynaldo Romo (Sp)	559-2400
Bereavement, Dcn. Jim Schaff	378-2332
Blanket Ministry, Phyllis Ballard	378-3192
Bulletin Folding, Pat Jensen	803-1052
Compliance Officer, Christine Unrein	378-2720
Charismatic Prayer, Dcn. Bob Sadorf	378-1527
Dancers Etc., Doris Sims	417-0092
Divine Mercy Cenacle, Liz Nelson	378-6836
Eucharistic Ministers, Dave Gilcreest	458-7135
Justa Valles	378-1837
Gift Shop, Juvylyn Wilson	378-2720
Hispanic Spiritual Dir, Dcn. Romo	559-2400
Hospital Euch. Ministers, Judy Tritz	803-1728
Betsey Hartwigsen	249-3887
Jail Ministry, Margarita Fate	227-1194
Knights of Columbus, Aeneas Anderson	249- 9820
Lectors, Mark Lobner	458-5609
Mayra Velasquez	236-7134
Monica McCall	378-2720
Linens, Laura Gilcreest	458-7135
Liturgy Committee Barbara Brown	378-2720
Marriage Preparation,	
Dcn. Jose & Leonor Huerta-Nunez	533-8511
Money Counters, Susan Lydakis	732-939-9199
Music Ministry, Vacant (call Parish ofc)	378-2720
Parish Project Mgr., Keith Mullen	266-4230
Prayer Garden, Doris Sims	417-0092
Religious Education, Kathleen Shilson	378-2720
Rite of Christian Initiation of Adults (RCIA)	
Dcn. Jose & Leonor Huerta-Nunez	533-8511
St. Vincent de Paul	378-2720
Ushers/Greeters, Melissa Unger	378-1578
5pm Sat, 730am & 930am Sun	
11:30 am Sun, Gloria Dutton	378-3486
5 pm Sun, Mo Pryor	335-6056

You Are Not Alone, Suzanne DeRosier 456-7140



NEIGHBORHOOD NEWS...

If we become Available and Vulnerable,
we can Expect great things!

We welcome the addition of names of parishioners and family members who are HOSPITALIZED or CRITICALLY ILL. Names of CHRONICALLY ILL PARISHIONERS and FAMILY are in the back of the church. You and your loved ones are in our prayers daily.

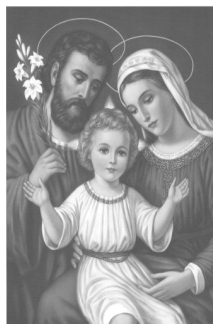
Virginia Padia (sister of Barbara Adric) #116, Cesaer Nicolas Herrera (grandson of Esperanza & Nicolas Avitia) #107, Jim Mabery #105, Ted & Mary Alice Adamczyk #109, Delores Martins #110, John & Greta Kimbell #101, Judy Carroll #111, Karen Cox #113, Robert Gunthner (brother of Cecilia Coleman #119), Gregory Coleman (son of Cecilia Coleman #119), MaryLou Esquivel #101, Mark Pottebaum #105, Grace Neal (cousin of Lorene Shough #116), Dcn Gene Tackett #102, Hipolito Ocasio Perez (brother of Irma Ramos #124), Jim & Julie Hill #107, Arlene Chepinski #108, Cynthia Cary #124, John Butler & Marilyn Johnson (son of Calla Kindred #105), John Knight (brother of Mary Kay Holcomb #101), David Gaston Smith (grandson of Barry & Jean Gaston #124), Alex Jon Neitring (grandson of Daryl Lynn Funke #125, Irma Ramos #124, Juan Lozano #103, Janet Smith (sister of Suzanne DeRosier #119), William Patrick Young (brother of Jerry Young #116), Marie Sloup #110, Boston & Shay Lamoreaux (great grandson & grandson of Teresa Mullen #114), Karen & Caitlan Garrish (friends of Yesha Ohashi #105) Angela & Antonio Mancillas (friend of Lupe Rulapaugh #109), Bill & Linda Wallace (sister & brother in law of Lupe Rulapaugh #109), Michael Martin (nephew of Phyllis Ballard #103), Terri Plummer (sister of Phyllis Ballard #103), Sandy Martin, Maria Harty & Luisa Limon (friends of Lupe Rulapaugh #109), Lupe Rulapaugh #109, Olga Janchosek #106, Laura & Leon Vander-Heyden #113, Palmer Drews #118, Chloe & Carter Fox (great-grandchildren of Bunnie & Palmer Drews #118)

JMJ

Weekly Readings, 16 – 22 Mar 2020

Monday: 2 Kgs 5:1-15b; Lk 4:24-30
Tuesday: **St. Patrick**
Dn 3:25, 34-43; Mt 18:21-35
Wednesday: **St. Cyril of Jerusalem**
Dt 4:1, 5-9; Mt 5:17-19
Thursday: **St. Joseph, Spouse of the BVM**
2 Sm 7:4-5a, 12-14a, 16; Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a or Lk 2:41-51a
Friday: Hos 14:2-10; Mk 12:28-34
Saturday: Hos 6:1-6; Lk 18:9-14
Sunday: **4th Sunday of Lent**

1 Sm 16:1b, 6-7, 10-13a; Ps 23:1-3a, 3b-4, 5, 6; Eph 5:8-14; Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38



OLM MONTHLY STEWARDSHIP REPORT

March 2020

March 1-3	\$7,485.85
March 4-10	\$6,987.95
March 11-17	\$
March 18-24	\$
March 25-31	\$

*Total Church Contributions \$14,473.80

OLM Special Contributions-incl. online giving	
Building Maint Fund/Capital Imp.	\$977.00
Rectory Building Fund	
Support Our School	\$217.00
*Other Church	\$229.39

Fiscal Year Stewardship Report

Fiscal Year: July 1, 2019 – June 30, 2020

* Total Church Contributions	\$234,560.13
** Total Other Church Contributions	\$22,339.57
Total Parish Activities/ Other Income	\$20,014.62
Total YTD Contributions/Income	\$276,914.32
YTD Expenses	\$285,681.91
Total year to date income	- \$8,767.59

Annual Fiscal Year Goal

Monthly: 35,000.00 X 12= \$420,000.00
65.93%

Contribution % to date of goal

Current No. of OLM Families: 1013



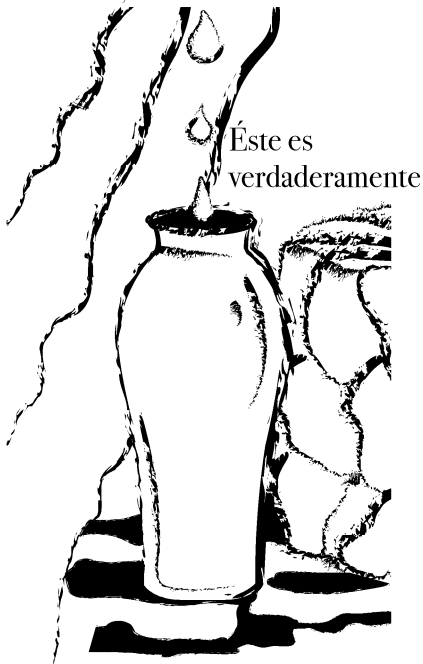
Marriage Tip of the Week

Married couples are the ministers of the Sacrament of Marriage to each other. How do you minister to each other in your daily life? Don't forget to pray for all the graces of your sacrament!



Three best things to do to prevent virus spread:

1. Wash hands regularly & use hand sanitizer.
2. Do not touch your face.
3. Get a flu shot



el salvador del mundo

15 de marzo de 2020

Tercer Domingo de Cuaresma

Ministros de la comunión y lectores para la próxima semana

Programa De Ministerios De Eucarista

Nicolas Avitia
Edi Mont'ros
Elvia Romo
Luis Valles

Programa De Lectores

Patricia Parra y Luis Galindo



Consejo Matrimonial de la Semana

Las parejas casadas son los ministros del Sacramento del matrimonio entre sí. ¿Cómo se ministran unos a otros en su vida diaria? ¡No te olvides de rezar por todas las gracias de tu sacramento!



MOTHER TERESA COLUMBARIUM

If you are interested in finding out more information on a final resting place, please contact Donna in the Parish office to make an appointment.



In today's Gospel, Jesus says: "My food is to do the will of the one who sent me and to finish his work."

Through your almsgiving you are doing the will of the Father and finishing the work of Jesus.

Know that your nickel, dime or quarter is multiplied by the coins given to St. Vincent de Paul by others.



OLM Council 10799
Grand Knight ~ Aeneas Anderson
249-9820

Assembly Business Meeting is scheduled for **Mon/16 Mar** at 7pm in the Columbian Hall. All Sir Knights are welcome.

Living Faith Booklets will be distributed on **Sat/Sun 21-22 and 28-29 Mar** in the OLM Courtyard after all Masses.

There will not be any CUF Degree Exemplifications on **Wed/18 Mar**.

Council Officer's Meeting is scheduled for **Tues/7 Apr at 6pm**.

The walking Stations of the Cross on **Friday April 10th**, which is also Good Friday family Promotion.

Council Business Meeting is scheduled for **Thurs/16 Apr with Rosary at 6:30 pm and meeting at 7 pm**, in the OLM Activity Hall. All Knights are welcome.

Council Annual Yard Sale set-up is scheduled for **Fri/17 Apr** and Yard Sale on

Sat/18 Apr in the OLM Parking Lot. Co-Chairmen are needed. Contact DGK Tom Stevenson at 559-1809 or tstevenson10@msn.com, if you are interested.

Organ Donor Registration is scheduled for **Sat/Sun 25-26 Apr** in the OLM Courtyard after all Masses.

Council Fund Raiser Chicken Fried Steak Dinner (Sat/2 May) ticket sales are scheduled for **Sat/Sun 25-26 Apr** in the OLM Courtyard. Co-Chairmen are needed. Contact DGK Tom Stevenson at 559-1809 or tstevenson10@msn.com, if you are interested.

For planning:

OLM Council 10799 Election Chairman for Fraternal Year 2020-2021 is Chuck Everding. Please contact him if you would like to be considered for any of the Council Officers positions at cdeverding@msn.com or 520.234.4120.

Wheelchairs/walkers Anyone having a need for a manual wheelchair or walker, please contact Chuck Everding at 234-4120.

There will NO Bible Study on Wednesday, March 18th as stated on the Calendar of Events. We will resume on March 25th at 3:30pm.



All Saints Catholic School

Open enrollment is now open for all grades. Scholarships are available. Please call the school office or check the website at www.ascsz.org

Spring Break is March 16-20.



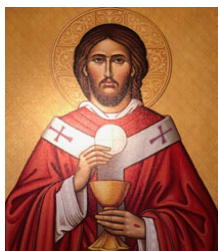
RCIA Corner

This Sunday at the 9:30 Mass we are having the first scrutiny for our elect and present her the Apostle Creed (RCIA 157-163). We will be talking about the Celebration of the Paschal Mystery of Christ as well. Sunday, March 22, we will have the second scrutiny at the 9:30 Mass, and we will be sharing insights about the Ten Commandments. For more Information please contact Deacon José at jhnunez@diocesetucson.org.



LENTEN SOUP NIGHTS

Join us on Friday evenings during Lent for Stations & Soup. This is an opportunity to come together for a simple meal of soup and bread as a reminder of how we are called to practice a simpler lifestyle during our Lenten journey. There is no cost to participate but if you choose you may make a free will offering. These donations will go to St. Vincent De Paul to help provide food to the hungry. Stations of the Cross will begin at 6:00p.m. with the meal immediately following where we once again reflect on the journey of Jesus to Calvary and its meaning for us today.



PRAISE & WORSHIP

Come and Worship with Us The first Tuesday of the Month
From 6:00 - 7:30 PM
At Our Lady of the Mountains Catholic Church. Led by Fr. Amal



There are many pots, pans, dishes & bowls left in the hall from various events or funerals. Please pick up the ones that belong to you. All unclaimed items will be donated to the church kitchen. Thank you.

Family Faith Formation

GOSPELS AND QUESTIONS OF THE WEEK

Third Sunday of Lent, John 4:5-42

Source of Strength

March 15

Adults: Where have you found a source of "living water" for your own journey of faith?

Children/Youth: Name some times when your belief in Jesus helped make you stronger?

Next Week's Gospel Preparation

Fourth Sunday of Lent, John 9:1-41

Source of Light

March 22

Please pray for those students in Our Lady of the Mountains Religious Education and All Saints Catholic School who will receive the Sacrament of Reconciliation for the first time on Saturday, March 28.

May they always live with the forgiving grace of Jesus in their hearts.



Our Lady of the Mountains Lenten Penance Service

Join us Thursday, April 1st at 5:00pm.

There will be several visiting priests to assist in confessions.



Envelopes for the Easter Lilies are in the back of church. Please consider purchasing a lily in honor or memory of a loved one. Suggested donation is \$10 per plant.



Use your tax dollars to support Catholic education at ZERO cost to you!

It's easy to have a huge impact on a child's life without it costing you anything.

Find out how... 1) by using this flyer when you do your taxes or
2) by taking this flyer to your tax preparer.

There's still time!

Make your gift to CTSO – up to **\$2,269*** and **\$1,135*** – by April 15th.

For more information, contact any of the CTSO schools or call us at (520) 838-2558 or mail your check to PO Box 31, Tucson, Arizona 85702.

*Arizona now allows contributions up to \$2,269 for a couple filing jointly and \$1,135 for an individual as long as it doesn't exceed your tax liability. Contributions made in 2019 and up to April 15, 2020 may qualify for tax credits on your 2019 Arizona state return.



 Find us on Facebook

(520) 838-2558 • www.ctso-tucson.org

A Quick Questions and Answers Guide to Arizona Tuition Tax Credits

Q. Can I benefit from giving to CTSO?

A1. Yes, you benefit if you have AZ tax liability.

Your AZ tax liability (your tax bill): \$1,250

Your tax credit to CTSO: -\$1,089

Your new tax payment due to AZ is now only: \$161

A2. You benefit even if you get a refund.

Your AZ tax withholding: \$1,500

Your AZ tax liability (your tax bill): -\$1,250

Your AZ tax refund (what you overpaid): \$250

Your tax credit to CTSO: -\$1,089

Your new AZ tax refund increases to: \$1,339

Examples assume single taxpayer with at least \$1,250 of AZ tax liability.

School Tuition Organizations cannot award, restrict or reserve scholarships solely based on a donor's recommendation. Taxpayers may not claim a tax credit if the taxpayer agrees to swap donations with another taxpayer to benefit either taxpayer's own dependent. See your tax professional for guidance.

Q. What if I don't yet know if I have any Arizona Tax liability for 2019?

A. To get an idea, check your 2018 taxes.

If you filed:	Look at line:
AZ140	Line 47 ("subtotal of tax")
AZ140A	Line 21 ("amount of tax")
AZ140EZ	Line 9 ("amount of tax")
AZ 140PY	Line 58 ("subtotal of tax")

Write that amount here: \$ _____

If you have ANY dollar amount on this line, you could have made a tax-credit gift at ZERO-COST to you.



You can request that scholarship funds be directed to the following Catholic schools:

TUCSON K-8
 Immaculate Heart Academy
 Our Mother of Sorrows School
 Santa Cruz School
 San Xavier Mission School
 Ss. Peter & Paul School
 St. Ambrose School
 St. Cyril of Alexandria School
 St. Elizabeth Ann Seton School

St. John the Evangelist School
 St. Joseph School

TUCSON HIGH SCHOOLS
 Immaculate Heart High School
 Salpointe Catholic High School
 San Miguel Catholic High School
 St. Augustine Catholic High School

SIERRA VISTA
 All Saints Catholic School

YUMA
 Immaculate Conception School
 St. Francis of Assisi School
 Yuma Catholic High School

DOUGLAS
 Loretto School

NOGALES
 Lourdes Catholic Elementary
 Lourdes Catholic High School
 Sacred Heart School

CASA GRANDE
 St. Anthony of Padua School

SAN CARLOS
 St. Charles Mission School

ST. MICHAELS
 St. Michael Indian School

CONTRIBUTOR

First Name _____ MI _____

Last Name _____

Spouse's Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Parish Name _____

You anticipate filing your taxes: ☐ Single or Filing Separately ☐ Married Filing Jointly

Tax year for which this credit is intended: 20 _____.

STATE-REQUIRED DISCLOSURE

Have you already contributed to a private school through another School Tuition Organization (STO) this year? (Does not include public school credits)

☐ Yes, I have already given \$ _____ to another STO for tax year 20 _____.

☐ No, this is my first contribution to any STO this year.

CONTRIBUTION

☐ I recommend the following schools/amounts (see brochure for list of schools):

_____ \$ _____

_____ \$ _____

Family Referral Plan ID# (if applicable): _____

☐ General Fund/Schools with greatest need: \$ _____

PAYMENT INFORMATION

☐ By check: Amount \$ _____ Check # _____ (Make payable to CTSO)

☐ By credit card: Amount \$ _____ ☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX

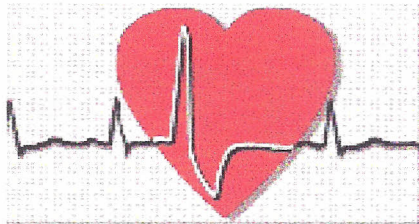
Credit Card Number _____

Name on Card _____ Exp. Date _____

Signature _____

You can also contribute online at www.ctso-tucson.org

Visit our website for easy monthly pay information and to learn about company matching gifts or process your contribution yourself.



THIS SCREENING COULD SAVE YOUR LIFE!!!

Heart Disease, Stroke, Cancer

Learn if you are at risk with RightPath Health Screenings' Options:

ABDOMINAL ULTRASOUND SCREENINGS

Liver
Kidney
Gallbladder
Pancreas
Spleen
Abdominal Aortic Aneurysm

CARDIOVASCULAR SCREENINGS

Heart Ultrasound
Atrial Fibrillation
Stroke Screening
(Carotid Artery Ultrasound)
Thyroid Ultrasound
Peripheral Arterial Disease
(PAD)

All 11 screenings for only \$200.00!

Blood Pressure, Pulse and Blood Oxygen Saturation Level are included FREE with all health screenings.

Comparable screenings in a clinical setting would cost \$2-3,000

Annual screenings can prevent disease progression.

A preventive health screening opportunity . . .

Wednesday, March 18th, 2020

Our Lady of the Mountains Catholic Church
(Parish Hall)

Appointment is Necessary

Call: 800.770.0240

www.rightpathscreenings.org

RightPath Health Screenings has
been providing options in
preventive health care for 33 yrs

RightPath Health Screenings
is a 501(c)(3) nonprofit
organization.

*"When the RightPath technologist scanned my left kidney, it was found to be full of stones and infection. I had been having strange sensations up and down my left side and after several visits to the doctor, the problem had not been found. I was immediately scheduled for surgery to remove my left kidney. I am fully recovered now and feel blessed to be alive.
Connie, AZ*

RightPath
HEALTH SCREENINGS
Now you know.

CARDIOVASCULAR SCREENINGS

HEART ULTRASOUND

Screening visualizes the heart valves, measures systolic function, the motility of the left ventricle, ejection fraction and dimensions of the atrium and ventricles.

ATRIAL FIBRILLATION

Atrial Fibrillation is a heart rhythm problem found in almost one in every 150 people causing palpitations, shortness of breath, fatigue and risk of stroke.

STROKE SCREENING

(CAROTID ARTERY ULTRASOUND)

Stroke is the most common cause of long term care admissions in the US. This screening visualizes the level of plaque buildup in the carotid arteries.

THYROID ULTRASOUND

Screening detects cysts, nodules and other abnormalities that may indicate signs of thyroid disease.

PERIPHERAL ARTERIAL DISEASE

(PAD)

Peripheral Arterial disease (PAD) is a condition where blood circulation is restricted in the legs. It affects over 8 million Americans. This screening detects signs of circulatory problems in the lower extremities.

ABDOMINAL ULTRASOUND SCREENINGS

ABDOMINAL AORTIC ANEURYSM

Aneurysms form as a result of weakening in the arterial wall. This ultrasound screening detects aneurysms in the aorta which is the largest artery in the body.

LIVER

The screening scans for cysts, nodules, masses and texture/density/size changes in the liver.

KIDNEY

The screening scans for cysts, nodules, masses, stones, fluid and other abnormalities.

GALLBLADDER

The screening scans for stones, sludge, wall thickening and other abnormalities

PANCREAS

The pancreas is an important organ providing essential hormones and digestive enzymes. This screening detects small lesions, abnormalities and other signs of disease.

SPLEEN

The spleen is an essential organ to the immune system and red blood cells. The screening detects any enlargements and other abnormalities.

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A confidential report is immediately provided.

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KNIGHTS OF COLUMBUS
Our Lady of the Mountains Council 10799
Educational Grant Program
School Year 2019-2020

Our Lady of the Mountains (OLM) Knights of Columbus Council 10799 has established an **Educational Scholarship/Grant Program** aimed at providing financial assistance to high school seniors or students in college, who are members of *Our Lady of the Mountains Parish or Holy Family Catholic Community*, that are pursuing higher education. The Council intends to award **two \$1,000.00 grants** to selected applicants in the Spring of 2020. The Application Packet, which includes selection criteria and application details, can be obtained at the OLM office or from the Program Chairman.

Application Packets must be postmarked (address below) or hand delivered to the Our Lady of the Mountain Parish Office no later than **21 March 2019**. Note that **application packets received or postmarked after that date may not be considered**. Information furnished in the application packet, or given at any time during the selection process, will be held in strict confidence and will not be returned. Address for Application Packet submittal is as follows:

Knights of Columbus, OLM Council 10799

ATTN: Educational Grant Program

1425 E. Yaqui Street

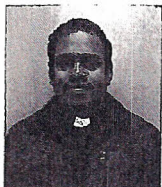
Sierra Vista, Arizona 85650

Please, contact Patrick Ledger, Program Chairman, at (520) 559-4449 or <mailto:pfledger@gmail.com> with any questions you may have. OLM Council 10799 extends our best wishes to all graduates and students, especially to all applicants, and we pray you have a very successful future.

LENTEN MISSION 2020

MARCH 30, 31 & APRIL 1ST BEGINNING WITH 8:00AM MASS
AT OLM

7:00PM AT ST. ANDREW'S CHURCH



I am Fr. Amal, MSFS the Parochial Vicar of St. Andrew the Apostle Parish, in Sierra Vista and reside at Our Lady of the Mountains Parish. I am a member of the Congregation of the **Missionaries of St. Francis De Sales** also known as **Fransalians**. I was ordained a priest on 29th December 2005 in India. After having served in India as Parochial Vicar for 2 years and as the Rector of the Minor Seminary for 5 years; I volunteered myself to be a Missionary in Zambia, Africa. I served in Zambia in the Mission Diocese of Kabwe in the Central Province for last 6 years, 3 years as Parochial Vicar and 3 years as the Pastor of St. Francis de Sales Parish until the appointment recently to the Diocese of Tucson, USA.

THE FOCUS OF OUR LENTEN PARISH MISSION

"GO THEREFORE AND MAKE DISCIPLES OF ALL NATIONS..." - MATTHEW 28:19 This is the Mission Command of the Risen Lord to all the believers in Christ, the Church. This is the mandate that took the Apostles to the whole world as Missionaries of God's Love and Mercy and for which they willingly shed their blood. They were not mere Disciples but Missionary Disciples. They were men whose hearts burnt with Zeal for the proclamation of the Gospel. Apostles Peter and John said "for we cannot keep from speaking about what we have seen and heard" (Acts 4:20). It is the joy of their **personal encounter with God's Love and Mercy in the person of Risen Christ** that they wanted to share with others.

In the recent times the Church is gradually losing this zeal for evangelization. Today God desires and invites us once again to renew our zeal for the proclamation of the Gospel through **New Evangelization**. In his apostolic exhortation *Evangelii Gaudium* (The Joy of the Gospel) Pope Francis tells us

"In virtue of their Baptism, all the members of the people of God have become Missionary Disciples (Matt 28:19). The New Evangelization calls for personal involvement on the part of each of the baptized. Every Christian is challenged here and now, to be actively engaged in Evangelization; indeed anyone who has truly experienced God's saving love does not need much time or lengthy training to go out and proclaim that love... Every Christian is a Missionary to the extent that he or she has encountered the love of God in Christ Jesus..." **EVANGELII GAUDIUM #120**

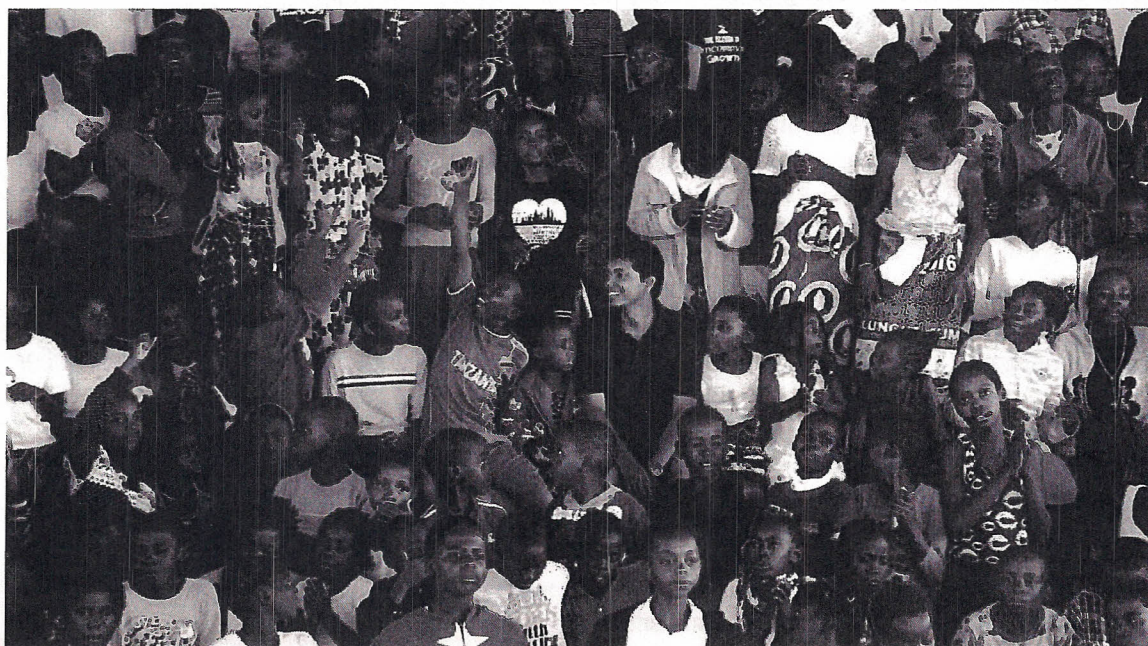
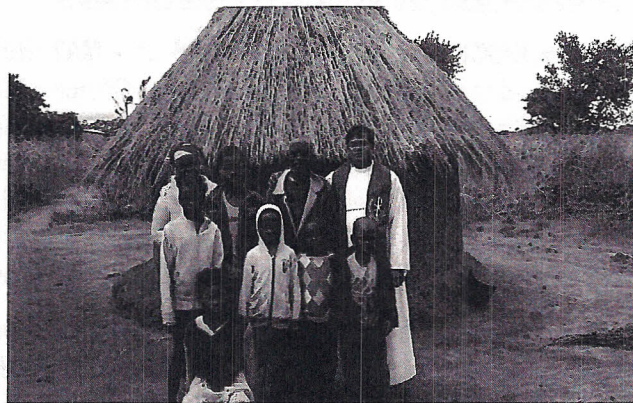
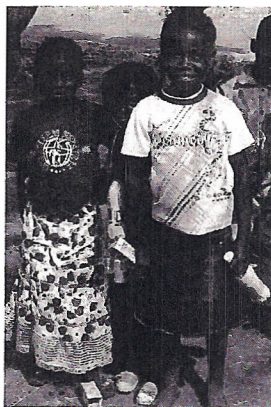
"Hence the heart of the message that the church is asked to proclaim is: God is love. Jesus Christ loves you. He gave his life to save you, and now He is alive at your side every day to enlighten, to strengthen and to free you..." *Pope Francis to the members of Schools of New Evangelization on 21 September 2019*

Following the Spirit of the Church, the purpose and the focus of our Lenten Parish Mission will be to have a **personal encounter of God's Love and Mercy in Christ and become zealous Missionary Disciples** in our own times like the Apostles and the Great Missionaries of the Church.

"If I proclaim the Gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the Gospel!" (1Corinthians 9:16)

LIVE JESUS- St. Francis de Sales

The love offering of this Lenten Mission will go towards the construction of a secondary school for the poor and the less privileged children in Zambia, Africa.





19TH ANNUAL OLM VARIETY SHOW MARCH 28, 2020, 6 P.M. *A Tribute to Elvis!!*

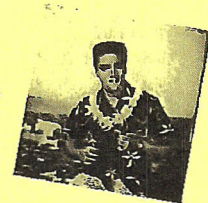
Tickets will be on sale beginning March
14 & 15 and March 21 & 22, or at the
Parish Office,
or at the door, if available!



\$10 – Adults - \$5 – Children ages 5-12

Menu

Hawaiian Chicken with Teriyaki/Pineapple Glaze
Cape Cod Vegetables
Rice Pilaf
Spring Salad with dressing
Hawaiian sweet roll
Dessert



**Unh, Uh, Unh, Uh,
oh, hey, yeah, yeah
All Shook Up!!**

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