# WELCOME! Our Lady of the Mountains and All Saints Catholic School



1425 Yaqui Street Sierra Vista, AZ 85650 (520) 378-2720 Fax: (520) 378-6825 Email: office@olmaz.org www.olmaz.org School: (520)-378-7012 www.ascsaz.org

#### We Are on Facebook! **Office Hours** 8:30am~5:00pm Mon~Fri

#### Staff

Pastor	Fr. Michael Bucciarelli
Associate Pastor	Fr. Rudolf Ofori
<b>Business Manager</b>	Teresa Mullen
<u>Parish Secretary</u>	Donna Parsons
Compliance/Acct.	<u>Asst.</u> Christine Unrein
<u>Religious Ed</u>	Kathleen Shilson
<u>Maintenance</u>	Shawn Crippen
<u>School Principal</u>	Carmen Rosado
School Secretary	Melissa Borges

#### Deacons

Jim Hill (Ret.), Jose Huerta-Nunez, Revnaldo Romo, Robert Sadorf (Ret.) Jim Schaff (Ret.), Gene Tackett **Pastoral Council** 

President	
Vice President	
Secretary	

Keith Mullen Kathleen Shilson Mo Pryor

Fr. Mike

#### **Finance Council**

Chairman	Andrew Kjolsrud	
Co-Chairman	George Adames	
Secretary	Vacant	
Members	Patrick Ledger,	
Fernando Valenzuela, Sergio Velasquez &		
Richard Laszok		
<b>Business Manager</b>	Teresa Mullen	
ASCS Principal	Carmen Rosado	
<b>Decided Divectory</b>		

#### **Board of Directors**

President	Fr. Mike
Vice President	Msgr. McCarthy
Secretary	Doug Shough
Freasurer	George Adames
Director	Bishop Weisenburger

# SEVENTH SUNDAY IN ORDINARY TIME

February 24, 2019



Give, and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap.

Luke 6:38

#### Mass

Monday, Tuesday, Thursday & Friday 8:00am Wednesday 5:30pm Saturday Vigil 5:00pm Sunday 7:30am, 9:30am, 11:30am (Spanish) & 5:00pm (Youth Mass) First Saturday of each month at 8:00a.m.

#### ASH WEDNESDAY MASSES: 8:00AM & 5:30PM

#### **Other Sacraments**

<u>Anointing of the Sick</u> ~ After Mass on First Friday or by Appointment

<u>Baptism</u> ~ By appointment only. Registration & Baptism classes required. Please call Parish Office.

Marriage  $\sim$  Minimum 4 months advance notice. Please call



#### February 23, 2019~ Saturday

5:00p.m.	Paul Curran by Knights of Columbus
_	
	Jacque Barwick
Februry 24,	, 2019 ~ Sunday
7:30a.m	✤Scott & Marilyn Smith by Frank &
	Linda Smith
	Thomas Canter by Jeanette Canter
9:30a.m	✤Nathan Cain by Eddie & Alicia Rackers
	✤Josefina Ogarte by The Sodies Family
11:30a.m	For the people of the Parish
5:00p.m	
February 2	5, 2019 ~ Monday
8:00a.m.	Clarence Galecke by Bob & Jackie Galecke
February 2	6, 2019 ~ Tuesday
8:00a.m.	
•	7, 2019~ Wednesday
5:30p.m.	✤Lenora Benjamin by Caesar Benjamin &
	Elisabeth Klein
	8, 2019 ~ Thursday
8:00a.m.	✤Anthony S. Nagel by Robert & Elizabeth
	Ordway
March 1, 20	
8:00a.m.	Thomas Canter by Jeanette Canter
	For all souls in purgatory
	)19~ Saturday
5:00p.m.	Brooke Coates by Monica Whitlock
	)19 ~ Sunday
7:30a.m.	✤Richard Casper by Edelgard Casper
	Int. for St. Vincent de Paul Society
9:30a.m.	Wally Branstetter by Joan Rheinheimer
	✤Sieglinde Coleman by Cacila Eckles
11:30a.m.	For the people of the Parish
5:00p.m.	Paul Curran by Knights of Columbus
	Floyd Williams by John Kimbell

#### **Planning Calendar**



#### <u>March</u>

- March 6 ~ Ash Wednesday
- March 8 ~ Stations of the Cross & Soup Night at 6pm
- March 15 ~ Stations of the Cross & Soup Night at 6pm
- March 18-22 ~ Spring Break
- March 20 ~ Health Screening in Hall
- March 22 ~ Stations of the Cross & Soup Night at 6pm
- March 29 ~ Stations of the Cross & Soup Night at 6pm

#### <u>April</u>

- April 5 ~ Stations of the Cross & Soup Night at 6pm
- April 6 ~ Variety Show & Dinner in hall at 6:15pm
- April 8 ~ Lenten Penance Service at 5:30pm
- April 12 ~ Stations of the Cross & Soup Night at 6pm



#### Adoration I wait for you An Invitation

Solemn Exposition of the Blessed Sacrament Please join us for Adoration on the Thursday before first Friday of each month. All are invited to come spend an hour with our Lord.

Adoration for March will be on March 7 & 8



The **Statue of Our Lady Of Fatima** will be at the home of Sherry Zimmerman until March 10th.

#### Saints and Special Observances

Sunday: Friday: Saturday: Seventh Sunday in Ordinary Time World Day of Prayer; First Friday Blessed Virgin Mary; First Saturday



If you have moved, changed your address, changed your phone number, disconnected it or went to a cell phone, PLEASE let the Parish office

know. It is very important that we keep our registry up to date with the correct information. Thank you!



<u>Weekly Calendar</u>

Blanket Ministry Monday 1:00p.m. Praver Group Monday 6:30p.m. Confirmation 7:00p.m. Monday Moms of Mercy Wednesday 8:30a.m. Divine Mercy Thursday 2:00p.m. **1st Reconciliation Class** Thursday 5:30p.m. Strong Catholic Families Adoration Friday 5:30p.m.



ASH WEDNESDAY MASS SCHEDULE

Lent Begins Ash Wednesday 8:00AM (SCHOOL MASS) 5:30PM EVENING MASS



#### Schedule for Next Weekend

March 2/3

#### <u>Altar Servers</u>

- Sat, 5:00p.m. Caelan & Christie Jensen, Sharon VanLoan
- Sun, 7:30a.m. Judith Gordon, Doug & Lorene Shough
- <u>Sun, 9:30a.m.</u> Heart Monger, Michael Skarhus, Autumn Young
- Sun, 5:00p.m. Ken Brewer, Joseph & Krista Valenzuela

#### Lectors

<u>Sat, 5:00p.m.</u>	(1) A. Lee	(2) R. Ochmann
<u>Sun, 7:30a.m.</u>	(1) L. Kuttner	(2) J. Chambers
<u>Sun, 9:30a.m.</u>	(1) D. Gilcreest	(2) G. Monger
<u>Sun, 5:00p.m.</u>	(1) M. Pryor	(2) J. Valenzuela

#### **Eucharistic Ministers**

- <u>Sat, 5:00p.m.</u> RayAnn Bondarek, Joel Childs, Betsey Hartwigsen, Richard Loomis
- <u>Sun, 7:30a.m.</u> Mark Lobner, Troy Lopes, Melissa Unger, Karen Ward
- <u>Sun, 9:30a.m.</u> Daryl Lynn Funke, Lynette Pfannenstiel, Carmen Sodies, Bobby Widhalm
- Sun, 5:00p.m. Tom & Rachel Graves, Bill Hansen, Keith Mullen

#### <u>Ushers</u>

Sat, 5:00p.m. Chet & Linda Sieruga

- <u>Sun, 7:30a.m</u>. Betty Blackmer, Edelgard Casper, Karen Kukuchka
- Sun, 9:30a.m. John & Lauren Pohl, Gloria Fiaschetti

Sun, 5:00p.m. Mo Pryor, Barry Gaston

Linens Mary Tackett

#### March Money Counters

Lois Barton Caesar Benjamin Lynette Pfannenstiel



#### **MINISTRIES AND CONTACTS**

Adapation Liz Nalson	270 6026
Adoration, Liz Nelson	378-6836
Phyllis Ballard	378-3192
All Saints Catholic School	378-7012
Altar Servers, Barry & Tess Nelson	803-7089
Arts & Environment,	250 2520
Parish Office	378-2720
AVE Neighbor, Jan Ross	378-1754
Baptism Class, Kathleen Shilson	378-2720
Dcn. Reynaldo Romo (Sp)	559-2400
Bereavement, Dcn. Jim Schaff	378-2332
Blanket Ministry, Phyllis Ballard	378-3192
Bulletin Folding, Pat Jensen	803-1052
Compliance Officer, Christine Unrein	378-2720
Charismatic Prayer, Dcn. Bob Sadorf	378-1527
Cursillo, Spanish, Jesus De La Rosa	255-5229
Dancers Etc., Doris Sims	417-0092
Divine Mercy Cenacle, Liz Nelson	378-6836
Eucharistic Ministers, Dave Gilcreest	458-7135
Justa Valles	378-1837
Gift Shop, Millie Dalton	459-3889
Hispanic Spiritual Dir, Dcn. Romo	559-2400
Hospital Euch. Ministers, Judy Tritz	803-1728
Betsey Hartwigsen	249-3887
Jail Ministry, Parish office	378-2720
Knights of Columbus, Chris Moore	255-8353
Lectors, Mark Lobner	458–5609
Mayra Velasquez	236-7134
Monica McCall	378-2720
Linens, Laura Gilcreest	458-7135
Liturgy Committee	378-2720
Marriage Preparation,	576-2720
Dcn. Jose & Leonor Huerta-Nunez	533-8511
Money Counters, Bess Banister	378-6737
Music Ministry, Parish Office	378-2720
Parish Project Mgr., Keith Mullen	266-4230
Prayer Garden, Doris Sims	417-0092
<b>Religious Education</b> , Kathleen Shilson	378-2720
Rite of Christian Initiation of Adults (R	
Dcn. Jose & Leonor Huerta-Nunez	533-8511
St. Vincent de Paul	378-2720
Ushers/Greeters, Deb Scott	236-3985
Gloria Dutton	378-3486
You Are Not Alone, Suzanne DeRosier	456-7140



we can Expect great things!

We welcome the addition of names of parishioners and family members who are <u>HOSPITALIZED</u> or <u>CRITICALLY ILL</u>. Names of <u>CHRONICALLY ILL</u> <u>PARISHIONERS</u> and FAMILY are in the back of the church. You and your loved ones are in our prayers daily.

Virginia Padia (sister of Barbara Adric) #116, Deacon Rodger Miller #112, Cesaer Nicolas Herrera (grandson of Esperanza & Nicolas Avitia) #107, Ted & Mary Alice Adamczyk #109, John & Delores Martins #110, John Kimbell #101, Judy Carroll #111, Karen Cox #113, Matthew Farkas (grandson of Tom & Mickey Farkas #104), Jim Mabery #105, Robert Gunthner (brother of Cecilia Coleman #119), Gregory Coleman (son of Cecilia Coleman #119), Katrina Chovich (sister of Pat Hortien #107), MaryLou Esquivel #101, Frank Smith #116, Jason Werne (grandson of Sal & Donna Jaime #123), Mark Pottebaum #105, Yvonne Souliere #118, Grace Neal (cousin of Lorene Shough #116), Dcn Gene Tackett #102, Sandra Torborg #118, Hipolito Ocasio Perez (brother of Irma Ramos #124), Tom Young (brother of Jerry Young #107), Linda Vanderhoff (sister of Marcia Imdieke #124). Owen Taillie (nephew of Donna Parsons #115). Joe Pais #124. Eden Hill (granddaughter of Jim & Julie Hill #107), Julie Hill #107, Pat Schable #105, Arlene Chepinski #108, Maureen Frisch (sister of Cynthia Cary) #124, JoAnna Cormier (friend of Bunny Drews #118), Calla Kindred #105, Yeisha Ohashi #105

#### OLM MONTHLY STEWARDSHIP REPORT

February 2019		
February 2/3	\$9,090.80	
February 9/10	\$6,120.25	
February 16/17	\$6,254.00	
February 23/24	\$	
February End of Month	\$	
*Total Church Contributions	\$21,465.05	
OLM Special Contributions-incl. online giving		
Building Maint Fund/Capital Imp.	\$953.00	
Rectory Building Fund	\$0.00	
Support Our School	\$395.00	
*Other Church	\$Î,201.12	

Fiscal Year Stewardship Report

Fiscal Year: July 1, 2018 – June 30, 2019

* Total Church Contributions	\$220,574.91
** Total Other Church Contributions	\$22,456.79
Total Parish Activities/ Other Income	\$18,916.38
Total YTD Contributions/Income	\$261,948.08
YTD Expenses	\$284,175.22
Total year to date income	- \$22,227.14
Annual Fiscal Year Goal	
Monthly: 35,000.00 X 12=	\$420,000.00
Contribution % to date of goal	62.37%

Current No. of OLM Families: 1025



#### LENTEN PENANCE SERVICES

March 12 ~ St. Pat's in Bisbee at 6:30pm April 3 ~ St. Andrew's at 7:00pm April 5 ~ St. Luke's in Douglas at 6:30pm April 8 ~ Our Lady of the Mountains at 5:30pm



Sunday

#### Marriage Tip of the Week

Vulnerability is a great gift spouses give each other. When your spouse is vulnerable, be sure to be

gentle. It takes courage and humility to trust someone with your deepest fears or hurts.

Looking for a great way to get the name of your business out there? Please consider advertising on the back of the Parish bulletin. Please contact Carol VandeHey at 520-425-4000.

#### JMJ

Weekly Readings, 25 Feb – 3 Mar 2019

 Monday:
 Sir 1:1-10; Mk 9:14-29

 Tuesday:
 Sir 2:1-11; Mk 9:30-37

 Wednesday:
 Sir 4:11-19; Mk 9:38-40

 Thursday:
 Sir 5:1-8; Mk 9:41-50

 Friday:
 Sir 6:5-17; Mk 10:1-12

 Saturday:
 Sir 17:1-15; Mk 10:13-16

**8<sup>th</sup> Sunday in Ordinary Time** Sir 27:4-7; Ps 92:2-3, 13-16; 1 Cor 15:54-58; Lk 6:39-45





### Septimo Domingo del Tiempo Ordinario 24 febrero de 2019

#### **Hispanic Ministry Contacts**

Acolitos	Monica McCall	378-2720
Lectores	Mayra Velasquez &	236-7134
	Monica McCall	378-2720
Cursillos	Jesus De La Rosa	378-1056
Bienvenida	Gloria Dutton	378-3486
Coro	Maria Acuna	378-2319
Eucarista Ministres	Justa Valles	378-1837

#### Programa De Ministerios De Eucarista

Connie Vildusea Luis y Justa Valles Guadalupe Urrea

#### Programa De Lectores

Monica McCall y Maria Teresa Morales



#### Consejo Matrimonial de la Semana

La vulnerabilidad es un gran regalo que los esposos se dan unos a otros. Cuando su

cónyuge es vulnerable, asegúrese de ser amable. Se necesita valentía y humildad para confiar en alguien con sus miedos o heridas mas profundas.



In today's Gospel, Jesus gives us the challenge to: "Love your enemies... Give to everyone who asks of you...Do to others as you would have them do to you...Be merciful, just as your Father is merciful.

In the month of February, through

Your gifts, the Society of St. Vincent de Paul was able to assist families in providing food, clothing and utility assistance. Thank You!



#### OLM Council 10799 Grand Knight Chris Moore

• Assembly Business Meeting is scheduled for Mon, 25 Feb in the Columbian Hall. Rosary will be held at 7 pm with the business meeting shortly

thereafter. All Sir Knights are requested to attend.

• Blood donations sign-ups are scheduled for Sat/Sun, 2-3 Mar in the OLM Courtyard for the OLM Blood Drive scheduled for Sat, 9 Mar. We are also taking requests for an appointment now. POC: Tom Whipp, 378-1927 or ddt13@cox.net. We thank you all for your support of the worthy cause.

• Council Officer's Meeting at 6 pm, Mon, 4 Mar in the DCN's Conference Room.

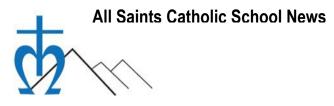
• Council Business Meeting is scheduled for Thurs, 14 Mar in the OLM Activity Hall. Rosary will be held at 6:30 pm with the business meeting shortly thereafter. All Knights are requested to attend. Carabela general business meeting will follow the council's business meeting.

Wheelchairs/walkers - Anyone having a need for a manual wheelchair or walker, please contact Chuck Everding at 234-4120.



The **Heavenly Treasures Gift Shop** has received a new shipment and has several new books and gifts. They now have gift ideas for RCIA, Confirmation and First Communion.

In stock are several new crucifix, rosaries and helpful books for your Lenten journey. Graduation is approaching quickly and some new inventory is available to choose from. The gift shop is open before and after every weekend Mass and during the week by stopping in the office. The gifts shop does not accept credit or debit cards, only cash or checks. If you have ordered items or need a particular item please leave your name, telephone number in the shop and someone will contact you. Thank you for supporting the Heavenly Treasures Gift Shop.



Thank you for your continued support of our school! Your generosity, support and prayers are appreciated! Currently our enrollment is at 120! Praise God!

Spring Break is March 18 thru March 22.



The School would like to say "THANK YOU" to all those who have donated pennies, change and cash for the well for Fr. Rudy's village in Ghana. We are trying to get a second well also.

#### KNIGHTS OF COLUMBUS Our Lady of the Mountains Council 10799 Educational Grant Program School Year 2018-2019

**Our Lady of the Mountains (OLM) Knights of Columbus Council 10799** has established an **Educational Scholarship/Grant Program** aimed at providing financial assistance to high school seniors or students in college, who are members of OLM Parish or Holy Family Catholic Community, that are pursuing higher education. The Council intends to award **two \$1,000.00 grants** to selected applicants this school year. The Application Packet, which includes selection criteria and application details, can be obtained at the OLM office or from the Program Chairman. (\*\*\*Please, contact the Program Chairman if you would like to receive an electronic copy of the Application Packet\*\*\*) Application Packets muct be postmarked (address below)

Application Packets <u>must</u> be postmarked (address below) or hand delivered to the OLM Parish Office no later than

**21 March 2019.** Note that **application packets received or postmarked after that date may not be considered.** Information furnished in the application packet, or given at any time during the selection process, will be held in strict confidence and will not be returned. Address for Application Packet submittal is as follows:

Knights of Columbus, OLM Council 10799

ATTN: Educational Grant Program

1425 E. Yaqui Street

Sierra Vista, Arizona 85650

Please, contact Mr. Manuel Garcia, Program Chairman, at 520-378-0332 or mhgarcia7@msn.com with any questions you may have. OLM Council 10799 extends our best wishes to all graduates and students, especially to all applicants, and we pray you have a very successful future.

Family Faith Formation

#### GOSPELS AND QUESTIONS OF THE WEEK

7th Sunday in Ordinary Time, Luke 6:27-38 In Another's Shoes February 24

<u>Adults:</u> What has allowed you to overcome obstacles and forgive someone who has hurt you? <u>Children/Youth:</u> When has it been hard to forgive someone who hurt you?What did you do?

Next Week's Gospel Preparation 8<sup>th</sup> Sunday in Ordinary Time, Luke 6: 39-45 Authentic Living March 3, 2018

February 28, 5:30pm 1st Reconciliation Class March 5, 6:00-7:15pm Mardi Gras Family Fest in Parish Hall

Tuesday, March 5 Religious Education and Strong Catholic Families invite you to the OLM Mardi Gras Family Fest. We will have a pancake bar, sausage and King cake. In addition, we will share ideas to bless your family's Lenten Journey. All are welcome! See you there! 6:00- 7:15 pm

#### A NOTE FROM THE BISHOP

Dear Brothers and Sisters in Christ: Starting with Ash Wednesday, I will be releasing a brief reflection on the Scripture Readings for each Sunday in Lent. My "Lenten Minute Reflection" will be posted each Saturday on our Tucson Diocesan web page. If you enjoy the weekly reflections then I kindly ask that you share them with a friend via social media, or simply encourage others to log on and listen. May you have a blessed Lent, leading to a joyful Easter. – Bishop Edward J. Weisenburger

Queridos Hermanos y Hermanas en Cristo: Empezando con el miércoles de ceniza, publicaré una reflexión breve sobre la lectura de las escrituras para cada domingo de Cuaresma. Mi "Reflexión Cuaresmal de un Minuto" se publicara cada sábado en la pagina web de la Diócesis de Tucson. Si usted disfruta las reflexiones semanales le pido de corazón que las comparte con un amigo a través de los medios de comunicación social, o simplemente que anime a otros para que inicien la sesión y escuchen. Que tenga una Cuaresma bendecida, conduciéndolo a una Feliz Pascua.-Bishop Edward J. Weisenburger

# Diocese of Tucson Catholic Cemetery and Columbarium Rules and Regulations

#### Effective March 6, 2019

#### **Regulations on Flowers and Decorations**

The cemetery or columbarium is a public place; people come and go from dawn to dusk, seven days a week. As a result, we are not able to protect attractive items from theft. In making choices, it is unfortunate, but necessary to keep this in mind.

If you have any questions, please contact the Diocesan cemetery office at 520-888-0860. We appreciate hearing from you. This enables us to review and improve our service to you and all of the families using the cemeteries & columbarium.

#### **Flower and Ornament Policy**

Safety is paramount. Decorations need to be safe for those who visit the cemeteries/columbarium and for the maintenance workers and the equipment. To insure this, all items need to be placed in an approved vase which can be purchased at the Parish office. Floral arrangements CAN NOT be taller than 4 inches once in the vase & cannot infringe upon any surrounding niches. Ceramic photo tiles of loved ones must be ordered & purchased at the Parish office. Glass, pottery, statuary, photographs or memorabilia are not permitted on, or adjacent to, any burial space, crypt, tree, landscaped area, or any memorial, monument, feature or statuary. Items such as glass, pottery and metal are always removed as soon as they are observed.

Open flames are prohibited in any of the cemeteries. This includes such items as candles, fires or barbecues.

#### **Decoration Removal**

Decorations may be removed under any of the following conditions.

- Each year, on the last week of January and the last week of July, for general clean-up. Please mark these days on your family calendar.
- Seasonal decorations will be removed ten days after major holidays.
- When cemetery rules and regulations are violated.

- At certain times of the year, as the desert southwest experiences high winds and torrential rains, flowers may be blown from vases.
- The cemetery reserves the right to remove all flowers and decorations when they become withered or unsightly. The grounds superintendent will make removals when they impede normal grounds maintenance.

#### American Flag Display and Removal Policy

The Diocese of Tucson Catholic Cemeteries adheres to the following guidelines regarding the display, care and removal of the American flag.

- The American flag, in miniature, may be displayed on the grave, niche or crypt front and needs to be placed in an approved floral container.
- The American flag must be displayed in such a way as to ensure it is not desecrated in the process of display not touch the ground or become soiled. If it becomes wet, it must be dry before being stored.
- If a flag becomes soiled or torn, it must be removed and properly disposed of (burned). This is the responsibility of maintenance personnel.
- The American flag will never be treated as waste or debris by maintenance personnel. When necessary, flags will be removed by maintenance personnel and disposed of properly. If you wish to retain your flag, you must remove it at the first sign of it being torn or dirty.
- State flags, Nation flags, Organization flags or decorative flags are not permitted without written authorization and approval by the Executive Director of the Cemeteries.

#### **Regulations – Landscaping and Planting**

The Diocese of Tucson Catholic Cemeteries adheres to the following guidelines regarding landscaping, plants and materials.

- No landscaping, plants or materials are to be removed or added to the cemetery grounds without written authorization by the Executive Director of the cemeteries.
- Unauthorized planting will be removed.
- Any person or person(s) removing or moving landscaping plants or materials from the cemetery grounds is subject to arrest by local law agencies.
- The digging of holes for any purpose whatsoever, other than by cemetery employees, is strictly prohibited.
- Ornaments, such as plastic decorations, pinwheels, animal figurines, balloons, etc. are not permitted.



# FAMILÝ FEST (FIESTA FAMILIAR) PANCAKE BAR (BARRA DE PANQUEQUES) SAUSAGE / CHORIZO KING CAKE (PASTEL DE REYES)

OLM

IDEAS TO BLESS YOUR LENTEN JOURNEY IDEAS PARA BENDECIR TU VIAJE DE CUARESMA

> PARISH WIDE EVENT EVENTO PARROQUIAL ALL WELCOME TODOS BIENVENIDOS



**TUESDAY, MARCH 5** 

6-7:15 pm

hosted by Religious Ed. and Strong Catholic families



# THIS SCREENING COULD SAVE YOUR LIFE!!!

Heart Disease, Stroke, Cancer .....

Learn if you are at risk with RightPath Health Screenings' Options:

# ABDOMINAL ULTRASOUND SCREENINGS Liver Kidney Gallbladder Pancreas

Spleen Abdominal Aortic Aneurysm

# CARDIOVASCULAR SCREENINGS

Heart Ultrasound Atrial Fibrillation Stroke Screening (Carotid Artery Ultrasound) Thyroid Ultrasound Peripheral Arterial Disease (PAD)

# All 11 screenings for only \$200.00!

Blood Pressure, Pulse and Blood Oxygen Saturation Level are included FREE with all health screenings.

Comparable screenings in a clinical setting would cost \$2-3,000 RightPath is more comprehensive than most other screenings that are offered. Dare to compare!

Annual on-site health screening opportunity

# Wednesday, March 20<sup>th</sup>, 2019 Our Lady of the Mountains Catholic Church (Parish Hall)

#### Appointment is Necessary Call: 800-770-0240

RightPath Health Screenings has been providing options in preventive health care for 32 yrs

immediate report provided More info at: www.rightpathscreenings.org RightPath Health Screenings is a 501(c)(3) nonprofit organization.

"During a screening I learned I had a large aortic aneurysm. I had no idea it was there! Upon follow-up with my doctor, I also learned that repair was indeed necessary and surgery was scheduled that same week. I will have annual check-ups from now on. Thank you RightPath for saving my life. Harold, Mesa, AZ RightPath HEALTH SCREENINGS Now you know.

#### CARDIOVASCULAR SCREENINGS

#### HEART ULTRASOUND

Screening visualizes the heart valves, measures systolic function, the motility of the left ventricle, ejection fraction and dimensions of the atrium and ventricles.

#### ATRIAL FIBRILLATION

Atrial Fibrillation is a heart rhythm problem found in almost one in every 150 people causing palpitations, shortness of breath, fatigue and risk of stroke.

#### STROKE SCREENING (CAROTID ARTERY ULTRASOUND)

Stroke is the most common cause of long term care admissions in the US. This screening visualizes the level of plaque buildup in the carotid arteries.

#### **THYROID ULTRASOUND**

Screening detects cysts, nodules and other abnormalities that may indicate signs of thyroid disease.

#### PERIPHERAL ARTERIAL DISEASE (PAD)

Peripheral Arterial disease (PAD) is a condition where blood circulation is restricted in the legs. It affects over 8 million Americans. This screening detects signs of circulatory problems in the lower extremities.

#### ABDOMINAL ULTRASOUND SCREENINGS

#### **ABDOMINAL AORTIC ANEURYSM**

Aneurysms form as a result of weakening in the arterial wall. This ultrasound screening detects aneurysms in the aorta which is the largest artery in the body.

#### LIVER

The screening scans for cysts, nodules, masses and texture/density/size changes in the liver.

#### **KIDNEY**

The screening scans for cysts, nodules, masses, stones, fluid and other abnormalities.

#### GALLBLADDER

The screening scans for stones, sludge, wall thickening and other abnormalities

#### PANCREAS

The pancreas is an important organ providing essential hormones and digestive enzymes. This screening detects small lesions, abnormalities and other signs of disease.

#### **SPLEEN**

The spleen is an essential organ to the immune system and red blood cells. The screening detects any enlargements and other abnormalities.

#### ALL 11 SCREENINGS FOR ONLY \$200.00

Appointments are required, Please call 602-254-7130 or toll free 800-770-0240 Please wear a two piece outfit. A minimum 4-hour fast is required with the Abdominal Package. A confidential report is immediately provided.

