

WELCOME!

Our Lady of the Mountains
and All Saints Catholic School



1425 Yaqui Street
Sierra Vista, AZ 85650
(520) 378-2720 Fax: (520) 378-6825
Email: office@olmaz.org
Website: www.olmaz.org
School Office: 520-378-7012
School website: www.ascsz.org

Office Hours

8:30a.m. ~ 5:00p.m.
Monday through Friday
Closed for lunch 12:30-2:00p.m.

Staff

<u>Pastor</u>	Fr. Michael Bucciarelli
<u>School Principal</u>	Sr. Carol Seidl
<u>Parish Secretary</u>	Donna Parsons
<u>Business Manager</u>	Teresa Mullen
<u>Religious Ed</u>	Kathleen Shilson
<u>Youth Ministers</u>	Andrew & Amy Kjolsrud
<u>Maintenance</u>	Joe Laird
<u>School Secretary</u>	Joelle Landers

Deacons

Jim Burke, Bill Merritt, Rodger Miller,
Jose Huerta-Nunez, Reynaldo Romo,
Jim Schaff, Gene Tackett

Pastoral Council

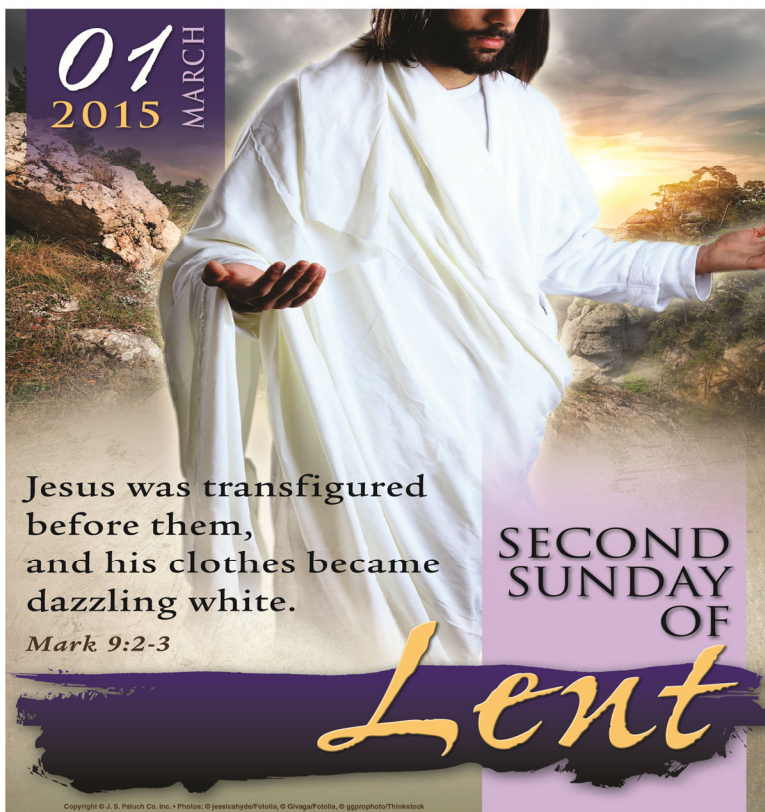
President	Deacon Bill Merritt
Vice President	Richard Chapman
Secretary	Marianne Adams

Finance Council

Chairman	Andrew Kjolsrud
Co-Chairman	George Adames
Secretary	Vacant
Members	Manny Trujillo
Business Manager	Teresa Mullen
ASCS Principal	Sr. Carol Seidl

Board of Directors

Treasurer	George Adames
Secretary	Doug Shough



Living God's Word

God of Abraham and Sarah, of Isaac and Rebekah, of Jacob and Rachel, God and Father of our Lord, give us a glimpse of the glory that you have prepared for all who trust in you and remain faithful to you. Strengthen us to walk through any darkness that may threaten our ability to believe.

Vivamos la Palabra de Dios

Dios de Abraham y Sara, de Isaac y Rebeca, de Jacob y Raquel; Dios y Padre de nuestro Señor Jesucristo, danos un vislumbre de la gloria que has preparado para todos los que confían en ti y permanecen fieles. Fortalecenos para poder caminar en medio de la oscuridad que pudiera amenazar nuestra habilidad para creer.

Mass Schedule

Mon, Wed, Thurs ~ 7:00am Tues ~ 8:00am Fri ~ 8:10am
Saturday Vigil 5:00pm
Sunday 7:30am, 9:30am, 11:30am (Spanish) & 5:00pm
Holy Day of Obligation: Varies see inside

Other Sacraments

Anointing of the Sick ~ By appointment

Baptism ~ By appointment only. Registration & Baptism classes required. Please call Parish Office.

Marriage ~ Minimum 4 months advance notice.
Please call Parish Office.

Confessions ~ Saturday 4p.m. or anytime by appointment.



February 28, 2015 ~ Saturday

5:00p.m. For the special intention of the Franciscan Sisters of Christian Charity

March 01, 2015 ~ Sunday

7:30a.m. ✠Ken Coerper by Dancers Etc.
✠Anna Wallace by Casey & Barbara Garcia
9:30a.m. Missa pro populo
11:30a.m. ✠Lucy Amrozowicz by Ralph & Carolyn Calderon
Intention for Cesaer Nicolas Serrera by Esperanza & Nicolas Avitia
5:00 p.m. ✠Deceased members of the Nichols Family by Bernie Nichols

March 02, 2015 ~ Monday

7:00a.m. ✠Sr. Mary Golden by Sr. Carol Seidl

March 03, 2015 ~ Tuesday

8:00a.m. ✠Bill Loesch, Cliff Bondarek & Luanne Kritzberg by Grace Loesch

March 04, 2015 ~ Wednesday

7:00a.m. ✠Alfie Norville by Fr. Mike Bucciarelli

March 05, 2015 ~ Thursday

8:10a.m. For the sick of the Parish

March 06, 2015 ~ Friday

NO MASS

March 07, 2015 ~ Saturday

5:00p.m. ✠Kelly O'Brien by RayAnn Bondarek
✠Sister Bernadine by Sr. Carol Seidl

March 08, 2015 ~ Sunday

7:30a.m. ✠Marilyn Smith by Frank & Linda Smith
✠Deanna Trupiano by Leo Wallace
9:30a.m. ✠John Tebo Jr. by Rosalyn & Hugh Richards
11:30a.m. Missa pro populo
5:00p.m. For the deceased of the Parish



The Statue of Our Lady of Fatima will be at the home of Mo Pryor until February 28th.

Saints and Special Observances

Sunday: Second Sunday of Lent; Penitential Rite for Candidates for Full Communion

Tuesday: St. Katharine Drexel

Wednesday: St. Casimir

Friday: First Friday; World Day of Prayer; Abstinence

Saturday: Ss. Perpetua and Felicity; First Saturday



ADORATION I WAIT FOR YOU

Solemn Exposition of the Blessed Sacrament

Please join us Wednesday, March 4th at 8:00a.m. for Adoration until Thursday, March 5th, 8:00a.m for Benediction and Solemn Closing . All are invited to spend an hour with the Lord.

WEEKLY CALENDAR



Hispanic Prayer Group	Sunday	12:30p.m.
Strengthening Our Faith	Monday	9:30a.m. & 6:30p.m.
Young at Heart	Monday	11:00a.m.
Prayer Group	Monday	6:30p.m.
St. VdP Meeting	Tuesday	4:00p.m.
K of C Meeting	Tuesday	6:00p.m.
Confirmation Class	Tuesday	7:00p.m.
Divine Mercy	Thursday	2:00p.m.
Chaplet	Thursday	3:00p.m.
Stations of the Cross	Friday	6:00p.m.
Spanish Stations	Friday	7:00p.m.
Confessions	Saturday	4:00p.m.

March Envelopes

Catholic Relief Services

Mar 14-15

March



March 02, 03, 04 ~ Spanish Missions

March 07 ~ Knights of Columbus

Blood Drive

March 06-13 ~ Spring Break/NO SCHOOL

March 11 ~ Health Screening



STATIONS OF THE CROSS:

Fridays throughout Lent

English at 6:00p.m. and Spanish at 7:00p.m.

Soup Nite to follow Stations of the Cross

Regulations regarding Fasting and Abstinence:

Every person 14 years of age or older must abstain from meat on Ash Wednesday, Good Friday and all Fridays of Lent.

Every person between the age of 18 and 59 must fast on Ash Wednesday and Good Friday. Fasting consists of only eating one full meal.



Schedule for Next Weekend

March 07/08

Altar Servers

Sat, 5:00p.m.	Ian Pottebaum, Charity Scudella, Chelsea Ng
Sun, 7:30a.m.	Bobby Widhalm, Karen Acosta, Judith Gordon
Sun, 9:30a.m.	Paige Carter, Danny Coronado, David Coronado
Sun, 5:00p.m.	Angelina Bond, Jacob Braddock, Jaime Hernandez

Lectors

Sat, 5:00p.m.	(1) TBD	(2) TBD
Sun, 7:30a.m.	(1) TBD	(2) TBD
Sun, 9:30a.m.	(1) TBD	(2) TBD
Sun, 5:00p.m.	(1) TBD	(2) TBD

Eucharistic Ministers

Sat, 5:00p.m.	Joel Childs, Mary Kay Holcomb, Rosario Javelosa, Gerald Wertis
Sun, 7:30a.m.	Mark Lobner, Pat & Melissa Unger, Bobby Widhalm
Sun, 9:30a.m.	Mary Burke, John & Greta Kimbell, Doris Sims
Sun, 5:00p.m.	Chuck & Debby Everding, Bill Hansen, Leonor-Huerta-Nunez

Ushers

Sat, 5:00p.m.	Al & Cecilia Eckles-Edmond
Sun, 7:30a.m.	Edelgard Casper, Jim & Jan Hodges
Sun, 9:30a.m.	Pat Wagner, Joe & Carol Wolfer
Sun, 5:00p.m.	Keith & Teresa Mullen, Patrick Schottenbauer

Linens

Edelgard Casper



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MINISTRIES AND CONTACTS

Adoration , Delores Martins	803-0325
All Saints Catholic School	378-7012
Altar Servers , Paul Fletcher	910-578-7905
AVE Neighbor , Jan Ross	378-1754
Baptism Class , Steffani Hays (En)	678-6739
Dcn. Reynaldo Romo (Sp)	559-2400
Bereavement , Dcn. Jim Schaff	378-2332
Blanket Ministry , Phyllis Ballard	378-3192
Bulletin Folding , Pat Jensen	803-1052
Compliance Officer , Dcn. Jim Schaff	378-2332
Charismatic Prayer , Dcn. Bob Sadorf	378-1527
Cursillo , Spanish, Jesus De La Rosa	378-1056
Dancers Etc. , Doris Sims	417-0092
Divine Mercy Cenacle , Liz Nelson	378-6836
Eucharistic Ministers , Dave Gilcreest	458-7135
Justa Valles	378-1837
Gift Shop , Millie Dalton	459-3889
Hispanic Spiritual Dir , Dcn. Romo	559-2400
Holy Rosary Group , Rosa Javelosa	226-0478
Hospital Euch. Ministers , Joel Childs	378-9415
Jail Ministry , Dcn. Gene Tackett	378-6501
Knights of Columbus , Gary Imdieke	803-0302
Lectors , Mark Lobner	458-5609
Leonor Huerta-Nunez	459-1967
Linens , Laura Gilcreest	458-7135
Liturgical Planning , Dcn. Bill Merritt	220-2235
Marriage Preparation , Dcn. Jose & Leonor Huerta-Nunez	459-1967
Money Counters , Barbara Wedge	378-7086
Music Ministry , Jo Merritt	241-8337
Prayer Garden , Doris Sims	417-0092
Rectory Project Mgr. Keith Mullen	266-4230
Religious Education	378-2720
Rite of Christian Initiation of Adults (RCIA) Dcn. Jose & Leonor Huerta-Nunez	459-1967
St. Vincent de Paul	378-2720
Strengthening Our Faith , Betty Jans	378-0554
Mo Pryor	335-6056
Ushers/Greeters , Dave Waldmann	378-0159
Gloria Dutton	378-3486
You Are Not Alone , Suzanne DeRosier	458-6903
Young at Heart , Pat Wagner	803-0722
Youth Group , Andrew & Amy Kjolsrud	459-2188

We welcome the addition of names of parishioners and family members who are **HOSPITALIZED** or **CRITICALLY ILL**. Names of **CHRONICALLY ILL PARISHIONERS** and **FAMILY MEMBERS** are in our **BOOK OF PETITIONS**, which is in the back of the church. You and your loved ones are in our prayers daily.

Patrick Barry-Piccirilli (grandson of Mary Piccirilli), Lorraine Schieffer (formerly #110), Linda Smith #124, Dimitar Stoyanof #121, Katrina Chovich (sister of Pat Hortien) #107, Sue Backus (daughter-in-law of Stan & Jan Ross) #104, Pamela Warren, Tom Bannan & Julie Fulton (son & daughter of Tom & Carol Bannan) #116, Susan Gwiazda #124, Ivy Penix (sister of Tim Penix) #112, Michael Martin (nephew of Phyllis Ballard) #102, Kaitlyn Wildenthaler (niece of Phyllis Ballard) #102, Jim Wedge #106, Georgia Romero (sister in law of Barbara Adric) #116, Deacon Rodger Miller #112, Luke Garcia (grandson of Jeanne Herbert #114), Carmelyn Borroz #115, Calla Kindred #105, Jackie Bisby (daughter of Sue Zook) #123, Don Allan & Roger Lee Vander-Heyden (sons of Leon & Laura Vander-Heyden) #101, George Kirmse #101, Robert "Bob" Lusignan #105, Rosalio Rios (father of Ana Escamilla #114), Donna Parsons #115, Peter Chovich (brother of Pat Hortien) #117, Cesaer Nicolas Serrera (grandson of Esperanza & Nicolas Avitia) #107, Grace Loesch #108, Jayden LaMoreaux & Alene LaMoreaux (family of Teresa Mullen #114, Mary Alice Adamczyk #109, Wayne Shilson #125 and Sue Zook (formerly of #123), Frank Smith #116, Deacon Bill Merritt #105.

Weekly Readings

Monday: Daniel 9:4-10
Tuesday: Isaiah 1:16-20
Wednesday: Jeremiah 18:18-20
Thursday: Jeremiah 17:5-10
Friday: Genesis 37:3-4, 12-13, 17-28
Saturday: Micah 7:14-15, 18-20

Mark your calendar:

- Monday night Prayer Group with Deacon Bob Sadorf will not meet March 2nd or March 16th.
- Church Office Closed Friday, March 6th
- NO MASS Friday, March 6th
- Adoration for March, Wed through Thurs. March 4th & 5th
- March 9th-13th: Daily Mass during Spring Break at 8:00a.m./No School

OLM Monthly Stewardship Report

February 2015

February 1	\$6,851.15
February 7/8	\$6,425.85
February 14/15	\$4,472.15
February 21/22	\$3,689.00
	\$

Online contributions (as of 2/23/15)	\$ 3,906.00
Total Church Contributions	\$ 25,344.15

Total contributions of \$ 35,000.00 + monthly are needed to meet OLM obligations + Operations reserve and future needs.

OLM Special Contributions: Inc. online 2/23/15

Building Fund/Capital Imp.	\$0.00
Mortgage Reduction	\$622.00
Rectory Building Fund	\$1,820.00
Save Our School	\$2,282.00
* Other Church Contributions	\$1,489.45

Fiscal Year: July 1, 2014 – June 30, 2015

* Total Church Contributions	\$214,835.90
** Total Other Church Contributions	\$16,701.46
Total Parish Activities Income	\$16,410.22

YTD Contributions/Income	\$247,947.58
YTD Expenses	\$230,990.54
YTD School Mortgage payments/Adj.	\$2,775.04
YTD Total (+Over/-Under)	\$ 14,182.00

GOAL: (12 x \$35,000.00)	\$420,000.00
Contributions % to date of our goal	59.04 %

Current No. of OLM Families: 1006

Heavenly Treasures Gift Shop



The Heavenly Treasures Gift Shop is open before and after the weekend masses. The gift shop is also open during the week Mon-Fri 9:00am-4:00pm by coming to the Parish office.

Young at Heart will have its regular meeting in OLM lower hall at 11:00 am, Monday, 2 March 2015. We hope you will be able to attend this meeting as we will be discussing upcoming trips, events and other activities. Bring your books for the book exchange. New and returning members are always welcome. See you Monday....





*Segundo Domingo de Cuaresma
01 de Marzo de 2015*

Hispanic Ministry Contacts

Acolitos	Esperanza Avitia	255-6913
Lectores	Rodrigo Serrano	803-1458
Cursillos	Jesus De La Rosa	378-1056
Bienvenida	Gloria Dutton	378-3486
Coro	Maria Acuna	378-2319
Eucarista Ministres	Justa Valles	378-1837

Para El Proximo Fin De Semana

Programa De Acolitos

Austin Hedglen
Zennia De La Rosa
Angelica De La Rosa

Programa De Ministerios De Eucarista

Luis y Justa Valles
Rosa Herrera
Elvia Romo

Programa De Lectores

Luis Galindo y Marcia Carrillo

Diócesis de Tucson – Oficina de Ministerio Hispano presenta:
Cuaresma 2015. Dos conferencias de preparación: Jueves,
Febrero 26 Evangelio Según San Marcos y Jueves, Marzo 12
Evangelio Según San Juan con el Monseñor Carlos Romero-
Moreno. Vivamos la CUARESMA al ritmo del EVANGELIO
de la Palabra del Señor. Parroquia MOST HOLY TRINITY
1300 N. Greasewood Road, Tucson de 7-9 PM. Para mayor
información: Hna. Gladys Echenique 520 838-2540
gechenique@diocesetucson.org o Ofelia James 520 838-2545
ojames@diocesetucson.org.

Las pláticas cuaresmales serán los días 2, 3 y 4 de
Marzo presentadas por el Reverendo
Ramón Esparza de Ciudad Obregón, Sonora México.
Horario: 6:30 de la tarde.
Lugar: Nuestra Señora De Las Montañas
1425 E Yaqui St.
Sierra Vista, AZ



Lent is a call not just to “give up something” but more important to “give something for the poor.” Wherever you live in the parish, there are poor families within walking distance of your home. When in need, they ring the rectory bell.

They are, in effect, ringing your doorbell.

Your almsgiving in the St. Vincent de Paul poor box will help the poor to celebrate the grace of God’s love this Easter.

St. Vincent de Paul Society will be having Vincentian Reflections on the Stations of the Cross every Saturday throughout Lent at 8:00a.m. in the Church.

All are invited and welcome to attend.



OLM COUNCIL 10799
Grand Knight, Gary Imdieke 803-0302

Organ Donor Registration and an American Red Cross Drive is scheduled for Sat/Sun, 28 Feb and 1 Mar. Blood Drive will be held on Sat, 7 Mar from 7 a.m.-12 p.m. Tom Whipp will be calling blood donors.

Annual Knights Yard Sale. Yard sale will be held on Sat, 18 Apr, 8 am to 12 pm at 4840 S. Equestrian Avenue, S.V., AZ. Request that you save your items for a drop-off at Chet’s or possible pick-up (Chet 378-6006 or Tom 378-1927), as needed. We thank you again for your past donations and kindness that you have shown to our Council in support of our Annual Yard Sale.

A 2nd/3rd Exemplification Ceremony is scheduled for Sat, 14 Mar in Vail, AZ. All 1st Degree Knights are welcome to attend. Request that you contact Tom Whipp, if you are interested in attending.

Wheelchair/walkers - Anyone having a need for a wheelchair or walker, please contact Al Edmond at 458-5060.



All Saints Catholic School News

Mon., 2nd-Dr. Suess Day Crazy Hat Day-wear a crazy hat to school; Read Across America Day-Noon-12:15 All students and faculty will drop everything and read.

Tues., 3rd-P.E. Day-wear the red P.E. Shirt. Dr. Suess Crazy Socks Day! Wear Crazy Socks to School.

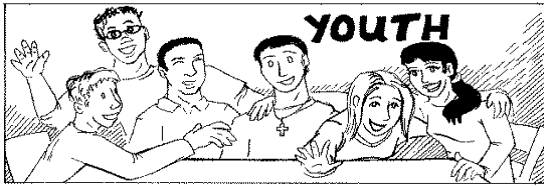
Wed., 4th-5:00pm School Advisory Board Meeting

Thurs., 5th-Dr. Suess Crazy Hair Day-wear a crazy hair-do; 1:15pm Championship Round for State Competition Grs. 2nd-8th.

Friday, 6th-Sunday, 15th- Spring Break - No School!

Employment Opportunity

All Saints Catholic School is looking for someone to supervise the After School Program on Mondays-Thursdays 3:25-5:30pm and Fridays 12:55-5:30pm. You must have fingerprint clearance through the diocese of Tucson. Please contact Sister Carol at 378-7012 if interested.



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Youth Group meets every Sunday from 3:15p.m. ~ 4:45p.m. in the Parish Hall. First Sunday at 5:00p.m. is the Youth Mass.

A SPIRITUAL JOURNEY TO TURKEY & ROME:

You are invited to join Bishop Kicanas on a once-in-a-lifetime 'Journey to Turkey & Rome,' 12-days, October 26 to November 6, 2015.

Includes visits to Istanbul, Troy, Assos, Pergamum, Izmir, Ephesus, Rome & more! Only \$4,199 from Phoenix (PHX), plus \$725 in airport taxes and \$175 in tips. **Under the Spiritual Direction of Most Rev. Gerald Kicanas.**

To download the free color brochure and registration form, visit www.GoCatholicTravel.com/Kicanas, or for more information, please contact Sr. Lois Jean Paha, O.P. at (520) 838-2542 or send an email to lpaha@diocesetucson.org. Space is limited. Register today!



GOSPELS AND QUESTION OF THE WEEK



Helping Children in Lesotho

This week we focus our prayers, fasting and almsgiving on Lesotho, where many children lack access to quality education. Only 73% of primary school-age children in Lesotho are enrolled in school. Give to your Rice Bowl this week to support communities working with CRS to provide educational opportunities for children.

GOSPELS AND QUESTIONS OF THE WEEK

2nd Sunday of Lent, Mark 9:2-10

The Assurance of Faith

March 1

Adults: *How deeply do you believe that since God is for you, no one can destroy you?*

Children/Youth: *What would you like to ask God to do for you and your family?*

Next Week's Gospel Preparation

3rd Sunday of Lent, John 2:13-25

Trust and Doubt

March 8

DATES TO REMEMBER

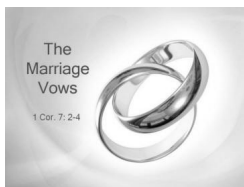
Sun, Mar 8 – Tues. Mar. 10 No classes, Spring Break

True Face

The word "veronica" is the name given to the veil that tradition says was used to wipe the face of Jesus on his way of the cross. It is probably second only to the Holy Shroud among the "Volto Santo" (Holy Face) relics. "Veronica" is really the two Latin words, vera and icon, "true image", referring to the Sacred Face. Some say it was the centurion's wife, Seraphica, who did this work of mercy, and later discovered his face on the cloth. Other legends say the woman was Martha, and still others, Zacchaeus' wife, or the woman Christ healed of an issue of blood (Mk 5:25-32). No mention of an actual person named "Veronica" can be found earlier than the fifth century. (Catholic Source Book)



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Today's gospel tells of the Transfiguration of Christ; make the time to renew and transform your relationship. The next Worldwide Marriage Encounter

Weekends are Apr 24-26 in Phoenix and May 29-31 in Tucson. For more information

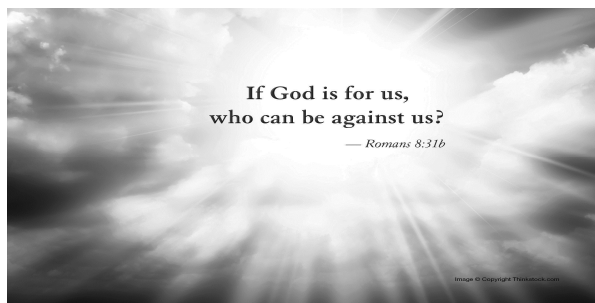
visit www.wwmearizona.com (Para los fines de semana en español, por favor visite www.emml4.org)

Gather with Catholics from across Southern Arizona and beyond in beautiful downtown Tucson, March 5-7, 2015 for Coworkers in the Vineyard:

People of Faith, Hope and Charity. This will be a full conference experience with great keynote presentations, engaging workshops, and opportunities to network with old friends and new.

Downtown Tucson has been revitalized and now a modern streetcar connects many great new restaurants and shops. Come, grow in Faith, Hope and Charity and experience the new downtown Tucson.

www.coworkers.diocesetucson.org



The following vacant positions within the Diocese of Tucson are available as of 2/23/15. Please visit www.diocesetucson.org for more information on how to apply.

Parishes:

St. Ambrose Parish, Tucson – Office Manager

Schools:

St. Charles Apache Mission School, San Carlos –

Elementary School Principal

St. Ambrose School, Tucson

Kindergarten Teacher

First Grade Teacher

Second Grade Teacher

Third Grade Teacher

Fourth Grade Teacher

San Miguel Catholic High School, Tucson

Science Teacher

Religion Teacher

English Teacher

Third Annual Blessing of the Fleet

Please Join Us for Humane Borders' Third Annual Blessing of the Fleet

Humane Borders

The Blessing of the Fleet

Sunday, March 1, 2015

5:00 pm–7:00 pm

House of Neighborly Services

243 West 33rd Street

Tucson, Arizona

KNIGHTS OF COLUMBUS

Our Lady of the Mountains Council 10799

Educational Grant Program

School Year 2014-2015



Our Lady of the Mountains (OLM)

Knights of Columbus Council 10799

has established an **Educational Grant**

Program aimed at providing financial

assistance to high school seniors or students in college and members of OLM Parish or Holy Family Catholic Community that are pursuing higher education. This school year, it is our pleasure to announce that the Council intends to award **two \$750.00 grants** to selected applicants. The Application Packet, which includes selection criteria and application details, can be obtained at the OLM office or from the Program Chairman. (***Please, contact the Program Chairman if you would like to receive an electronic copy of the Application Packet***)

Application Packets must be postmarked (address below) or hand delivered to the OLM Parish Office (520-378-2720) no later than **7 April 2015**. Note that **application packets received or postmarked after that date may not be considered.** Information furnished in the application packet, or given at any time during the selection process, will be held in strict confidence and will not be returned. Address for Application Packet submittal is as follows:

Knights of Columbus, OLM Council 10799

ATTN: Educational Grant Program

1425 E. Yaqui Street

Sierra Vista, Arizona 85650

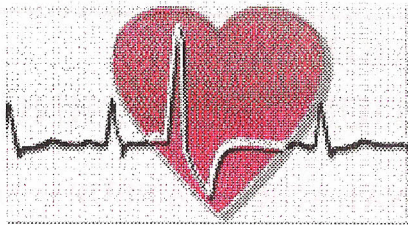
Please, contact Mr. Manuel Garcia, Program Chairman, at 520-378-0332 or mhgarcia7@msn.com with any questions you may have. Good luck to all applicants and we pray you have a very successful graduation.



Forgiveness is the way of Jesus

The Nightmare Before Forgiveness: A Lenten Mission

Join Fr. Charlie Wehrley, C.S.S.R., Mission Preacher following 8:00a.m. Mass and at 6:00p.m. at Our Lady of the Mountains Church, March 16th-18th.



Is Your Health at Risk?

Heart Disease, Stroke, Cancer

THIS SCREENING COULD SAVE YOUR LIFE!

Learn if you are at risk with RightPath Health Screenings' Options:

ABDOMINAL SCREENINGS

(Ultrasound)

Liver
Kidney
Gallbladder
Pancreas
Spleen
Abdominal Aortic Aneurysm

CARDIOVASCULAR SCREENINGS

Heart Ultrasound
Atrial Fibrillation
Stroke Screening (Carotid
Artery Ultrasound)
Thyroid Ultrasound
Peripheral Arterial Disease
(PAD)

ALL 11 screenings for only \$200.00!

Blood Pressure, Pulse and Blood Oxygen Saturation Level are included FREE with all health screenings.

Wednesday, March 11th, 2015
Our Lady of the Mountains Catholic Church
(Social Hall)

RightPath Health Screenings has
been providing options in
preventive health care since 1986.

Appointment Necessary
Call 1.800.770.0240

RightPath Health Screenings
is a program of Cathedral Health
Services, a nonprofit organization.

www.cathedralhealthservices.org/screenings.htm

"During a screening a 7½ cm aortic aneurysm was found. The surgeon credited the detection and subsequent surgery with saving my life. Get checked. Don't be caught by surprise by afflictions that can rob you of the quality of life you take for granted." Bob C. Glendale, AZ

RightPath
HEALTH SCREENINGS

Now you know.



CARDIOVASCULAR ULTRASOUND SCREENINGS

HEART ULTRASOUND

Screening visualizes the heart valves, measures systolic function, the motility of the left ventricle, ejection fraction and dimensions of the atrium and ventricles.

ATRIAL FIBRILLATION

Atrial fibrillation is a heart rhythm problem found in almost one in every 150 people causing palpitations, shortness of breath, fatigue and risk of stroke.

CAROTID ARTERY

Stroke is the most common cause of long term care admissions in the US. This screening will show your level of plaque build up in the carotid arteries.

THYROID

Screening detects cysts, nodules and other abnormalities that may indicate signs of thyroid disease.

PERIPHERAL ARTERIAL DISEASE (PAD)

Peripheral arterial disease (PAD) is a condition where blood circulation is restricted. It affects over 8 million Americans. This screening detects signs of circulatory problems in the lower extremities.

ABDOMINAL ULTRASOUND SCREENINGS

ABDOMINAL AORTIC ANEURYSM

Aneurysms form as a result of weakening in the arterial wall. This ultrasound screening detects aneurysms and other abnormalities.

LIVER

Scans for cysts, nodules, masses, and texture/density/size changes of the liver.

KIDNEY

Scans for cysts, nodules, masses, stones, fluid and more.

GALLBLADDER

Scans for stones, sludge, wall thickening and other abnormalities.

PANCREAS

The pancreas is an important organ providing essential hormones and digestive enzymes.

This screening detects small lesions, abnormalities and other signs of disease.

SPLEEN

The spleen is essential in regard to red blood cells and the immune system. This screening detects an enlarged spleen and additional signs of disease.

Best value! 11 screenings for only \$200.00

Blood Pressure, Pulse and Blood Oxygen Saturation Level included with all screenings!
Appointments are required, call 800.770.0240 or 602.254.7130

**Please wear a two-piece outfit with a shirt that buttons up the front. A minimum 4 hour fast is required with the Abdominal Ultrasound Package. Rest assured, a confidential printed report is immediately provided.*



**CATHEDRAL
HEALTH SERVICES**

RightPath Health Screenings is a
Cathedral Health Services Program,
a 501 (c)3 Non-Profit Organization
PO Box 16252 | Phoenix, AZ | 85011
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