

# WELCOME!

Our Lady of the Mountains  
and All Saints Catholic School



1425 Yaqui Street  
Sierra Vista, AZ 85650  
(520) 378-2720 Fax: (520) 378-6825  
Email: office@olmaz.org  
Website: www.olmaz.org  
School Office: 520-378-7012  
School website: www.ascszaz.org

## Office Hours

8:30a.m. ~ 5:00p.m.  
Monday through Friday  
Closed for lunch 12:30-2:00p.m.

## Staff

<u>Pastor</u>	Fr. Michael Bucciarelli
<u>School Principal</u>	Sr. Carol Seidl
<u>Parish Secretary</u>	Donna Parsons
<u>Business Manager</u>	Teresa Mullen
<u>Religious Ed</u>	Kathleen Shilson
<u>Youth Ministers</u>	Andrew & Amy Kjolsrud
<u>Maintenance</u>	Joe Laird
<u>School Secretary</u>	Joelle Landers

## Deacons

Jim Burke, Bill Merritt, Rodger Miller,  
Jose Huerta-Nunez, Reynaldo Romo,  
Jim Schaff, Gene Tackett

## Pastoral Council

President	Deacon Bill Merritt
Vice President	Richard Chapman
Secretary	Marianne Adams

## Finance Council

Chairman	Andrew Kjolsrud
Co-Chairman	George Adames
Secretary	Vacant
Members	Manny Trujillo
Business Manager	Teresa Mullen
ASCS Principal	Sr. Carol Seidl

## Board of Directors

Treasurer	George Adames
Secretary	Doug Shough



### Living God's Word

It's time to decide in our own minds who we are and wish to be, to confess it to our God and to ourselves and to the whole world. Do not fear those places of desert; they are where you will recognize your truest self.

### Vivamos la Palabra de Dios

Ya es tiempo de decidir quienes somos y quienes queremos ser, confesárselo a Dios, a nosotros mismos y al mundo entero. No le temas a esos lugares del desierto, pues allí es donde te vas a reconocer tal como eres.

### Mass Schedule

Mon, Wed, Thurs ~ 7:00am Tues ~ 8:00am Fri ~ 8:10am  
Saturday Vigil 5:00pm  
Sunday 7:30am, 9:30am, 11:30am (Spanish) & 5:00pm  
Holy Day of Obligation: Varies see inside

### Other Sacraments

Anointing of the Sick ~ By appointment  
Baptism ~ By appointment only. Registration & Baptism classes required. Please call Parish Office.  
Marriage ~ Minimum 4 months advance notice. Please call Parish Office.  
Confessions ~ Saturday 4p.m. or anytime by appointment.



**February 21, 2015 ~ Saturday**

5:00p.m. ☩ Bill Whitlock & Brooke Coates by Monica Whitlock

**February 22, 2015 ~ Sunday**

7:30a.m. ☩ Richard Casper by Edelgard Casper

☩ Anna Wallace by Jim & Sue Dobis

9:30a.m. Missa pro populo

11:30a.m. Nick Mamula by Sr. Barbara Amrozowicz

☩ Delores Salaiz

5:00 p.m. ☩ Ken Coerper by Dancers Etc.

**February 23, 2015 ~ Monday**

7:00a.m. ☩ Sr. Marietta by Sr. Carol Seidl

**February 24, 2015 ~ Tuesday**

8:00a.m. ☩ Bailey Charles Ward by Richard & Karen Ward

☩ Carrie Ballard by Terri O'Brien

**February 25, 2015 ~ Wednesday**

7:00a.m. For the intentions of the Pastor

**February 26, 2015 ~ Thursday**

7:00a.m. For the sick of the Parish

**February 27, 2015 ~ Friday**

8:10a.m. For Vocations to the Franciscan Sisters of Christian Charity

**February 28, 2015 ~ Saturday**

5:00p.m. For the Special intention of the Franciscan Sisters of Christian Charity

**March 01, 2015 ~ Sunday**

7:30a.m. ☩ Ken Coerper by Dancers Etc.

☩ Anna Wallace Casey & Barbara Garcia

9:30a.m. Missa pro populo

11:30a.m. ☩ Lucy Amrozowicz by Ralph & Caroly Calderon

Cesaer Nicolas Serrera by Esperanza & Nicolas Avitia

5:00p.m. ☩ Deceased members of the Nichols Family by Bernie Nichols

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The Statue of Our Lady of Fatima will be with Sr. Carol and the 4th Grade class until

**Saints and Special Observances**

**Sunday:** First Sunday of Lent; Rite of Election; Rite of Calling the Candidates; Rite of Sending

**Monday:** St. Polycarp;

**Friday:** Abstinence



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Solemn Exposition of the Blessed Sacrament



**ADORATION**

**I WAIT FOR YOU**

Please join us for Adoration on Wednesday, March 4th following Mass until Benediction and Solemn Closing before the morning Mass on Thursday, March 5th. All are invited to spend an hour with the Lord.

**WEEKLY CALENDAR**



Hispanic Prayer Group	Sunday	12:30p.m.
Strengthening Our Faith Prayer Group	Monday	9:30a.m. & 6:30p.m.
Confirmation Class	Monday	6:30p.m.
Hispanic Baptism Class	Tuesday	7:00p.m.
Divine Mercy	Wednesday	6:00p.m.
Chaplet	Thursday	2:00p.m.
Stations of the Cross	Thursday	3:00p.m.
Spanish Stations	Friday	6:00p.m.
Confessions	Friday	7:00p.m.
	Saturday	4:00p.m.

**February Envelopes**   **Black & Indian Missions**   **Feb 21-22**  
**March Envelopes**   **Catholic Relief Services**   **Mar 14-15**

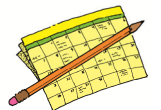
**March**

**March 06** ~ NO MASS

**March 07** ~ Knights of Columbus

Blood Drive

**March 11** ~ Health Screening



PLANNING

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**STATIONS OF THE CROSS:**

**Fridays throughout Lent**

**English at 6:00p.m. and Spanish at 7:00p.m.**

**Soup Nite to follow Stations of the Cross**

**Regulations regarding Fasting and Abstinence:**

Every person 14 years of age or older must abstain from meat on Ash Wednesday, Good Friday and all Fridays of Lent.

Every person between the age of 18 and 59 must fast on Ash Wednesday and Good Friday. Fasting consists of only eating one full meal.



## Schedule for Next Weekend

Feb 28/March 1

### Altar Servers

- Sat, 5:00p.m.** Ian Pottebaum, Charity Scudella, Margaret Sommerhauser  
**Sun, 7:30a.m.** Ken Brewer, Karen Acosta, Judith Gordon  
**Sun, 9:30a.m.** Renaldo Romo, Billy Tomes, Bobby Widhalm  
**Sun, 5:00p.m.** Youth Mass

### Lectors

- Sat, 5:00p.m.** (1) R. Javelosa (2) R. Loomis  
**Sun, 7:30a.m.** (1) D. Spartz (2) J. Brunette  
**Sun, 9:30a.m.** (1) D. L. Funke (2) J. Thrippleton  
**Sun, 5:00p.m.** (1) Youth (2) Youth

### Eucharistic Ministers

- Sat, 5:00p.m.** RayAnn Bondarek, Betsey Hartwigsen, Richard Loomis, Mary Sosa  
**Sun, 7:30a.m.** Bess Banister, Laura Vander-Heyden, Mary Helen France, Rita Pender  
**Sun, 9:30a.m.** Al Edmond, Cacilia Eckles-Edmond, Nick & Ana Tomes  
**Sun, 5:00p.m.** Paul & Lourdes Fletcher, Debbie Laszok, Joe Schulte

### Ushers

- Sat, 5:00p.m.** Jim & Leona Smith  
**Sun, 7:30a.m.** Queta Ramirez, Dave & Maria Waldmann  
**Sun, 9:30a.m.** Gloria Fiaschetti, John & Laura Pohl  
**Sun, 5:00p.m.** Youth Mass

### Linens

Mary Lou Esquivel



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### MINISTRIES AND CONTACTS

- Adoration**, Delores Martins 803-0325  
**All Saints Catholic School** 378-7012  
**Altar Servers**, Paul Fletcher 910-578-7905  
**AVE Neighbor**, Jan Ross 378-1754  
**Baptism Class**, Steffani Hays (En) 678-6739  
Dcn. Reynaldo Romo (Sp) 559-2400  
**Bereavement**, Dcn. Jim Schaff 378-2332  
**Blanket Ministry**, Phyllis Ballard 378-3192  
**Bulletin Folding**, Pat Jensen 803-1052  
**Compliance Officer**, Dcn. Jim Schaff 378-2332  
**Charismatic Prayer**, Dcn. Bob Sadorf 378-1527  
**Cursillo**, Spanish, Jesus De La Rosa 378-1056  
**Dancers Etc.**, Doris Sims 417-0092  
**Divine Mercy Cenacle**, Liz Nelson 378-6836  
**Eucharistic Ministers**, Dave Gilcreest 458-7135  
Justa Valles 378-1837  
**Gift Shop**, Millie Dalton 459-3889  
**Hispanic Spiritual Dir**, Dcn. Romo 559-2400  
**Holy Rosary Group**, Rosa Javelosa 226-0478  
**Hospital Euch. Ministers**, Joel Childs 378-9415  
**Jail Ministry**, Dcn. Gene Tackett 378-6501  
**Knights of Columbus**, Gary Imdieke 803-0302  
**Lectors**, Mark Lobner 458-5609  
Leonor Huerta-Nunez 459-1967  
**Linens**, Laura Gilcreest 458-7135  
**Liturgical Planning**, Dcn. Bill Merritt 220-2235  
**Marriage Preparation**,  
Dcn. Jose & Leonor Huerta-Nunez 459-1967  
**Money Counters**, Barbara Wedge 378-7086  
**Music Ministry**, Jo Merritt 241-8337  
**Prayer Garden**, Doris Sims 417-0092  
**Rectory Project Mgr.** Keith Mullen 266-4230  
**Religious Education** 378-2720  
**Rite of Christian Initiation of Adults (RCIA)**  
Dcn. Jose & Leonor Huerta-Nunez 459-1967  
**St. Vincent de Paul** 378-2720  
**Strengthening Our Faith**, Betty Jans 378-0554  
Mo Pryor 335-6056  
**Ushers/Greeters**, Dave Waldmann 378-0159  
Gloria Dutton 378-3486  
**You Are Not Alone**, Suzanne DeRosier 458-6903  
**Young at Heart**, Pat Wagner 803-0722  
**Youth Group**, Andrew & Amy Kjolsrud 459-2188

## OLM Monthly Stewardship Report

February 2015

We welcome the addition of names of parishioners and family members who are **HOSPITALIZED** or **CRITICALLY ILL**. Names of **CHRONICALLY ILL PARISHIONERS** and **FAMILY MEMBERS** are in our **BOOK OF PETITIONS**, which is in the back of the church. You and your loved ones are in our prayers daily.

Patrick Barry-Piccirilli (grandson of Mary Piccirilli), Lorraine Schieffer (formerly #110), Linda Smith #124, Dimitar Stoyanof #121, Katrina Chovich (sister of Pat Hortien)#107, Sue Backus (daughter-in-law of Stan & Jan Ross)#104, Pamela Warren, Tom Bannan & Julie Fulton (son & daughter of Tom & Carol Bannan) #116, Susan Gwiazda #124, Ivy Penix (sister of Tim Penix)#112, Michael Martin (nephew of Phyllis Ballard)#102, Kaitlyn Wildenthaler (niece of Phyllis Ballard) #102, Jim Wedge #106, Georgia Romero (sister in law of Barbara Adric)#116, Deacon Rodger Miller #112, Luke Garcia (grandson of Jeanne Herbert #114), Carmelyn Borroz #115, Calla Kindred #105, Jackie Bisby (daughter of Sue Zook) #123 Don Allan & Roger Lee Vander-Heyden (sons of Leon & Laura Vander-Heyden)#101, George Kirmse #101, Robert "Bob" Lusignan #105, Rosalio Rios(father of Ana Escamilla #114), Donna Parsons #115, Bud Heeren #102, Peter Chovich(brother of Pat Hortien)#117, Cesaer Nicolas Serrera (grandson of Esperanza & Nicolas Avitia) #107, Grace Loesch #108, Jayden LaMoreaux & Alene LaMoreaux (family of Teresa Mullen #114, Mary Alice Adamczyk #109, Wayne Shilson #125 and Sue Zook(formerly of #123), Frank Smith #116, Deacon Bill Merritt #105.

February 1	\$6,851.15
February 7/8	\$6,425.85
February 14/15	\$4,472.15
February 21/22	\$
	\$
Online contributions (as of 2/16/15)	\$ 3,028.00
Total Church Contributions	\$ 20,777.15

**Total contributions of \$ 35,000.00 + monthly are needed to meet OLM obligations + Operations reserve and future needs.**

### OLM Special Contributions: Inc. online 2/16/15

Building Fund/Capital Imp.	\$0.00
Mortgage Reduction	\$622.00
Rectory Building Fund	\$1,495.00
Save Our School	\$1,987.00
* *Other Church Contributions	\$75.00

### Fiscal Year: July 1, 2014 – June 30, 2015

* Total Church Contributions	\$210,268.90
** Total Other Church Contributions	\$15,287.01
Total Parish Activities Income	\$16,020.72
YTD Contributions/Income	\$241,576.63
YTD Expenses	\$230,181.39
YTD School Mortgage payments/Adj.	\$2,775.04
<b>YTD Total (+Over/-Under)</b>	<b>\$ 8,620.20</b>
GOAL: (12 x \$35,000.00)	\$420,000.00
Contributions % to date of our goal	57.52 %

Current No. of OLM Families: 1006

JMJ

### Weekly Readings, 23 Feb - 01 Mar 2015

Monday:	<b>St. Polycarp</b> Lv 19:1-2, 11-18; Mt 25:31-46
Tuesday:	Is 55:10-11; Mt 6:7-15
Wednesday:	Jon 3:1-10; Lk 11:29-32
Thursday:	Est C:12, 14-16, 23-25; Mt 7:7-12
Friday:	Ez 18:21-28; Mt 5:20-26
Saturday:	Dt 26:16-19; Mt 5:43-48
Sunday	<b>Second Sunday of Lent</b> Gn 22:1-2, 9a, 10-13, 15-18 Ps 116:10, 15-19; Rom 8:31b-34; Mk 9:2-10

## Heavenly Treasures Gift Shop



The Heavenly Treasures Gift Shop is open before and after the weekend masses. The gift shop is also open during the week Mon-Fri 9:00am-4:00pm by coming to the Parish office.



## MARRIAGE TIP OF THE WEEK

Laughter is one of the best stress reducers. Spouses can do this for each other by bringing a little comic relief when your beloved feels overworked or stressed out. You don't have to be laugh-out-loud funny, just your usual corny self.

St. Vincent de Paul Society will be having Vincentian Reflections on the Stations of the Cross every Saturday throughout Lent at 8:00a.m. in the Church. They will begin Saturday, February 28<sup>th</sup>. All are invited and welcome to attend.



El arco en las nubes  
es una señal  
de la alianza de Dios

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*Primer Domingo de Cuaresma  
22 de Febrero de 2015*

**Hispanic Ministry Contacts**

Acolitos	Esperanza Avitia	255-6913
Lectores	Rodrigo Serrano	803-1458
Cursillos	Jesus De La Rosa	378-1056
Bienvenida	Gloria Dutton	378-3486
Coro	Maria Acuna	378-2319
Eucarista Ministres	Justa Valles	378-1837

**Para El Proximo Fin De Semana**

**Programa De Acolitos**

Monica Acuna  
Jesus Acuna

**Programa De Ministerios De Eucarista**

Luis y Patricia Galindo  
Monica Humphrey  
Nicolas Avitia

**Programa De Lectores**

Patricia Parra y Raymundo Quiroz



**Consejo Matrimonial de la Semana**

La risa es uno de los mejores reductores de estrés. Cónyuges pueden hacer esto uno por el otro al traer un poco de alivio cómico cuando su amado(a) se siente sobrecargado(a) de trabajo o estresado(a). No tienes que ser gracioso de risa-voz alta, sólo tú usual cursi.

**Diócesis de Tucson – Oficina de Ministerio Hispano presenta: Cuaresma 2015. Dos conferencias de preparación: Jueves, Febrero 26 Evangelio Según San Marcos y Jueves, Marzo 12 Evangelio Según San Juan con el Monseñor Carlos Romero-Moreno. Vivamos la CUARESMA al ritmo del EVANGELIO de la Palabra del Señor. Parroquia MOST HOLY TRINITY 1300 N. Greasewood Road, Tucson de 7-9 PM. Para mayor información: Hna. Gladys Echenique 520 838-2540 [gechenique@diocesetucson.org](mailto:gechenique@diocesetucson.org) o Ofelia James 520 838-2545 [ojames@diocesetucson.org](mailto:ojames@diocesetucson.org).**



In today's Gospel, Jesus overcomes the temptations to wealth, power and esteem. As we begin Lent, may we open our hearts to the grace of prayer, fasting and almsgiving.

This month, through your gifts, the Society of St. Vincent de Paul was able to provide food, and assistance with utility bills for many families.



**OLM COUNCIL 10799  
Grand Knight, Gary Imdieke 803-0302**

Organ Donor Registration is scheduled for **Sat/Sun, 21-22 Feb** in the OLM Courtyard.

OLM American Red Cross Blood Drive sign up is also scheduled for **Sat/Sun, 21-22 Feb and 28 Feb/1 Mar. Blood Drive will be held on Sat, 7 Mar from 7 a.m.-12 p.m. Tom Whipp will be calling blood donors this coming week.**

Assembly Business Meeting is scheduled for **Mon, 23 Feb** in OLM's Activity Hall.

**Annual Knights Yard Sale** Yard sale will be held on **Sat, 18 Apr, 8 am to 12 pm** at 4840 S. Equestrian Avenue, S.V., AZ. Request that you save your items for a drop-off at Chet's or possible pick-up, as needed. We thank you again for your past donations and kindness that you have shown to our Council in support of our Annual Yard Sale.

Wheelchair/walkers - Anyone having a need for a wheelchair or walker, please contact Al Edmond at 458-5060.

*Diocese of Tucson - Office of Hispanic Ministry presents: Lent 2015. Two conferences in Spanish of preparation: Thursday, February 26 Evangelio Según San Marcos and Thursday, March 12 Evangelio Según San Juan with Monsignor Carlos Romero-Moreno. MOST HOLY TRINITY Parish 1300 N. Greasewood Road, Tucson from 7-9 PM. For more information contact: Sister Gladys Echenique 520 838-2540 [gechenique@diocesetucson.org](mailto:gechenique@diocesetucson.org) or Ofelia James 520 838-2545 [ojames@diocesetucson.org](mailto:ojames@diocesetucson.org)*



## All Saints Catholic School News

Mon., 23rd - all Boxtops for Education and Campbell Soup Labels are due in the classrooms. The class with the most wins a prize.

Tues., 24th - 2:50pm Stations or Way of the Cross led by Grs. 3 & 4

Thurs., 25th - States and Capital competition in Grades 2-8th and total school competition.

Fri., 27th - 8:10am Mass planned by Grs. 2nd and 3rd; 9:30-11:00am Cochise County Youth Orchestra performs for the students.

### Employment Opportunity

All Saints Catholic School is looking for someone to supervise the after school program on Mondays-Thursdays 3:25-5:30pm and Fridays 12:55-5:30pm. You must have fingerprint clearance. If interested please contact Sister Carol at 378-7012.



## GOSPELS AND QUESTION OF THE WEEK

**1<sup>st</sup> Sunday in Lent, Mark 1:12-15**  
**A Change of Heart**  
February 22

**Adults:** *When or how could you step away from your daily responsibilities to renew yourself, so that you can do a better job of following in the footsteps of Jesus?*

**Children/Youth:** *What good habit could you work on during Lent so you could grow closer to God?*

**Next Week's Gospel Preparation**  
**2nd Sunday in Lent, Mark 9:2-10**  
**The Assurance of Faith**  
March 1

## DATES TO REMEMBER

**Sunday, March 8 – No classes Spring Break**  
**Tuesday, March 10 – No Confirmation classes**

### Disciplines of True Fasting (Is. 58:6-7)

True fasting can also be a time of feasting. Fasting can be a time when you could:

Fast from judging others; **Feast on Christ dwelling in them.**  
Fast from emphasis on differences; **Feast on the unity of all life.**  
Fast from apparent darkness; **Feast on the reality of all light.**  
Fast from thoughts of illness; **Feast on the healing power of God.**  
Fast from words that pollute; **Feast on phrases that purify.**  
Fast from discontent; **Feast on gratitude.**  
Fast from anger; **Feast on patience.**  
Fast from pessimism; **Feast on optimism.**  
Fast from worry; **Feast on God's providence.**  
Fast from complaining; **Feast on appreciation.**  
Fast from negatives; **Feast on affirmatives.**  
Fast from unrelenting pressures; **Feast on unceasing prayer.**  
Fast from hostility; **Feast on nonresistance.**  
Fast from bitterness; **Feast on forgiveness.**  
Fast from self-concern; **Feast on compassion for others.**  
Fast from personal anxiety; **Feast on eternal truth.**  
Fast from discouragement; **Feast on hope.**  
Fast from facts that depress; **Feast on verities that uplift.**  
Fast from lethargy; **Feast on enthusiasm.**  
Fast from suspicion; **Feast on truth.**  
Fast from thoughts that weaken; **Feast on promises that inspire.**  
Fast from shadows of sorrow; **Feast on the sunlight of serenity.**  
Fast from idle gossip; **Feast on purposeful silence.**  
Fast from problems that overwhelm; **Feast on prayer that sustains.**



**Youth Group meets every Sunday from 3:15p.m. ~ 4:45p.m. in the Parish Hall.**

### A SPIRITUAL JOURNEY TO TURKEY & ROME:

You are invited to join Bishop Kicanas on a once-in-a-lifetime 'Journey to Turkey & Rome,' 12-days, October 26 to November 6, 2015.

Includes visits to Istanbul, Troy, Assos, Pergamum, Izmir, Ephesus, Rome & more! Only \$4,199 from Phoenix (PHX), plus \$725 in airport taxes and \$175 in tips. **Under the Spiritual Direction of Most Rev. Gerald Kicanas.**

To download the free color brochure and registration form, visit [www.GoCatholicTravel.com/Kicanas](http://www.GoCatholicTravel.com/Kicanas), or for more information, please contact Sr. Lois Jean Paha, O.P. at (520) 838-2542 or send an email to [lpaha@diocesetucson.org](mailto:lpaha@diocesetucson.org). Space is limited. Register today!



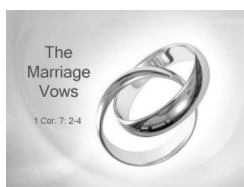
**Little Church** begins this weekend at the 5:00pm Mass on Sunday and all Sundays throughout Lent. Children ages 3-6 will be called up by Fr. Henri before the readings and they will be taken to the

upper hall where the Sunday readings will be given to them in their language and with special activities. Lisa Locke will be the adult doing this and we will have a couple teenagers helping out. The children will come back after the homily.



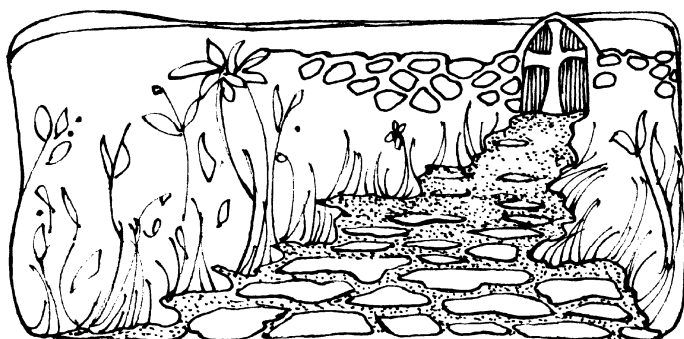
Dear OLM Family,  
I had my surgery on Jan. 26<sup>th</sup> at UMC. All went as planned and the doctors were pleased. I am at home re-cooperating. I will start radiation in the next few weeks. Radiation will be Mon-Fri at UMC for 6 weeks. It is with all your prayers, love and support that I continue on, thru this journey. I ask that you continue to pray for me as I begin the next phase. Thank you for your continued generosity to me and my boys!

Love, Donna



“This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.” Allow God to work and move in your marriage relationship. The next

Worldwide Marriage Encounter Weekends are Apr 24-26 in Phoenix and May 29-31 in Tucson. For more information visit [www.wmearizona.com](http://www.wmearizona.com) (Para los fines de semana en español, por favor visite [www.emml4.org](http://www.emml4.org))



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Las pláticas cuaresmales serán los días 2, 3 y 4 de Marzo presentadas por el Reverendo Ramón Esparza de Ciudad Obregón, Sonora México. Horario: 6:30 de la tarde.  
Lugar: Nuestra Señora De Las Montañas  
1425 E Yaqui St.  
Sierra Vista, AZ



Share your story of Faith, Hope or Charity! Details on the conference website. Register for Coworkers in the Vineyard Catholic Conference to see if your story is shared on stage with Catholics from all across Southern Arizona and beyond! In addition to your story, there will be great witness to Faith, Hope and Charity by the Jordan Ministry Team, Fr. Alex Mills (St. Anne's in

Tubac), Fr. Greg Adolf (St. Andrew's in Sierra Vista) and Sr. Lois Paha, March 5-7, 2015 [www.coworkers.diocesetucson.org](http://www.coworkers.diocesetucson.org)

## KNIGHTS OF COLUMBUS

**Our Lady of the Mountains Council 10799**  
**Educational Grant Program**  
**School Year 2014-2015**



**Our Lady of the Mountains (OLM) Knights of Columbus Council 10799** has established an **Educational Grant Program** aimed at providing financial

assistance to high school seniors or students in college and members of OLM Parish or Holy Family Catholic Community that are pursuing higher education. This school year, it is our pleasure to announce that the Council intends to award **two \$750.00 grants** to selected applicants. The Application Packet, which includes selection criteria and application details, can be obtained at the OLM office or from the Program Chairman. (\*\*\*)Please, contact the Program Chairman if you would like to receive an electronic copy of the Application Packet(\*\*\*)

Application Packets must be postmarked (address below) or hand delivered to the OLM Parish Office (520-378-2720) no later than **7 April 2015**. Note that **application packets received or postmarked after that date may not be considered**. Information furnished in the application packet, or given at any time during the selection process, will be held in strict confidence and will not be returned. Address for Application Packet submittal is as follows:

Knights of Columbus, OLM Council 10799

ATTN: Educational Grant Program

1425 E. Yaqui Street

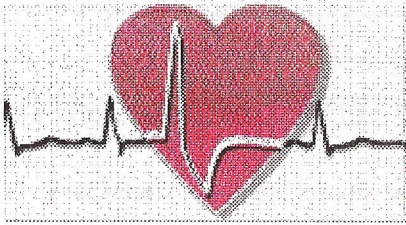
Sierra Vista, Arizona 85650

Please, contact Mr. Manuel Garcia, Program Chairman, at 520-378-0332 or [mhgarcia7@msn.com](mailto:mhgarcia7@msn.com) with any questions you may have. Good luck to all applicants and we pray you have a very successful graduation.

## Forgiveness is the way of Jesus

The Nightmare Before Forgiveness: A Lenten Mission  
Join Fr. Charlie Wehrley, C.S.S.R., Mission Preacher

March 16-18, 2015 at Our Lady of the Mountains  
Church for morning and evening sessions.



# Is Your Health at Risk?

**Heart Disease, Stroke, Cancer .....**

**THIS SCREENING COULD SAVE YOUR LIFE!**

**Learn if you are at risk with RightPath Health Screenings' Options:**

## **ABDOMINAL SCREENINGS**

**(Ultrasound)**

Liver  
Kidney  
Gallbladder  
Pancreas  
Spleen  
Abdominal Aortic Aneurysm

## **CARDIOVASCULAR SCREENINGS**

Heart Ultrasound  
Atrial Fibrillation  
Stroke Screening (Carotid  
Artery Ultrasound)  
Thyroid Ultrasound  
Peripheral Arterial Disease  
(PAD)

**ALL 11 screenings for only \$200.00!**

Blood Pressure, Pulse and Blood Oxygen Saturation Level are included FREE with all health screenings.

**Wednesday, March 11<sup>th</sup>, 2015**  
Our Lady of the Mountains Catholic Church  
(Social Hall)

RightPath Health Screenings has  
been providing options in  
preventive health care since 1986.

**Appointment Necessary**  
**Call 1.800.770.0240**

RightPath Health Screenings  
is a program of Cathedral Health  
Services, a nonprofit organization.

[www.cathedralhealthservices.org/screenings.htm](http://www.cathedralhealthservices.org/screenings.htm)

"During a screening a 7½ cm aortic aneurysm was found. The surgeon credited the detection and subsequent surgery with saving my life. Get checked. Don't be caught by surprise by afflictions that can rob you of the quality of life you take for granted." Bob C. Glendale, AZ

**RightPath**  
HEALTH SCREENINGS

Now you know.





## CARDIOVASCULAR ULTRASOUND SCREENINGS

### HEART ULTRASOUND

Screening visualizes the heart valves, measures systolic function, the motility of the left ventricle, ejection fraction and dimensions of the atrium and ventricles.

### ATRIAL FIBRILLATION

Atrial fibrillation is a heart rhythm problem found in almost one in every 150 people causing palpitations, shortness of breath, fatigue and risk of stroke.

### CAROTID ARTERY

Stroke is the most common cause of long term care admissions in the US. This screening will show your level of plaque build up in the carotid arteries.

### THYROID

Screening detects cysts, nodules and other abnormalities that may indicate signs of thyroid disease.

### PERIPHERAL ARTERIAL DISEASE (PAD)

Peripheral arterial disease (PAD) is a condition where blood circulation is restricted. It affects over 8 million Americans. This screening detects signs of circulatory problems in the lower extremities.

## ABDOMINAL ULTRASOUND SCREENINGS

### ABDOMINAL AORTIC ANEURYSM

Aneurysms form as a result of weakening in the arterial wall. This ultrasound screening detects aneurysms and other abnormalities.

### LIVER

Scans for cysts, nodules, masses, and texture/density/size changes of the liver.

### KIDNEY

Scans for cysts, nodules, masses, stones, fluid and more.

### GALLBLADDER

Scans for stones, sludge, wall thickening and other abnormalities.

### PANCREAS

The pancreas is an important organ providing essential hormones and digestive enzymes.

This screening detects small lesions, abnormalities and other signs of disease.

### SPLEEN

The spleen is essential in regard to red blood cells and the immune system. This screening detects an enlarged spleen and additional signs of disease.

## Best value! 11 screenings for only \$200.00

Blood Pressure, Pulse and Blood Oxygen Saturation Level included with all screenings!  
Appointments are required, call 800.770.0240 or 602.254.7130

*\*Please wear a two-piece outfit with a shirt that buttons up the front. A minimum 4 hour fast is required with the Abdominal Ultrasound Package. Rest assured, a confidential printed report is immediately provided.*



RightPath Health Screenings is a  
Cathedral Health Services Program,  
a 501 (c)3 Non-Profit Organization  
PO Box 16252 | Phoenix, AZ | 85011  
800.770.0240 or 602.254.7130  
www.cathedralhealthservices.org

